

MEALS ARE DELIVERY ONLY. THERE ARE NO PLANNED CONGREGATE MEALS IN AUGUST.

September 2020 DELIVERY MENU

Milk is available with every meal

	Monday		Tuesday		Wednesday		Thursday		Friday
		1	Dragonfly Day Chicken Bacon Ranch Wrap w/ lettuce & tomato Jell-O Fruit Cup Fresh Veggies	2	Chicken Alfredo Penne Noodles Steamed Peas Fresh Strawberries	3	Turkey & Cheese Whole Wheat Sandwich Veggie & Pasta Salad Sliced Apples Brownies	4	Grilled Shrimp & Veggies On a Lettuce Salad Fruit Salad Dinner Roll
7	Labor Day Closed No Meal Served	8	Dragonfly Day Chicken Salad Croissant Jell-O Fruit Cup Fresh Veggies	9	Roasted Pork Loin Mashed Potatoes Gravy Steamed Carrots Fruit	10	Egg Salad Whole Wheat Sandwich Corn & Bell Pepper Salad Grapes	11	Oven Fried Chicken Scalloped Potatoes Baked Zucchini Applesauce Cake
14	Cold Roast Beef & Cheddar Whole Wheat Sandwich 4 Bean Salad Fruit Salad Sandwich Cookies	15	Dragonfly Day Chicken Bacon Ranch Wrap w/ lettuce & tomato Jell-O Fruit Cup Fresh Veggies	16	Cornbread Chicken Pot Pie Side Salad w/ Ranch Sliced Peaches	17	Quiche w/ Broccoli & Ham Steamed Peas Fruit Salad	18	Runza Day Meat & Cheese Runza Shredded Carrot Salad Mandarin Oranges Chocolate Cookie
21	Tuna Salad Whole Wheat Sandwich Cucumber and Tomato Salad Fruit Cocktail Chocolate Chip Cookie	22	Dragonfly Day Chicken Salad Croissant Jell-O Fruit Cup Fresh Veggies	23	Delivery Potato Bake *Fundraiser*	24	Turkey Rubeen Sandwich Rye Bread Veggie & Pasta Salad Sauerkraut on the Side Pudding Cup	25	2 Chicken Enchiladas Black Beans Corn Salsa Fresh Fruit
28	PIZZA KITCHEN Delivered Birthday Meal Fried Chicken Mashed Potatoes/Gravy Dinner Roll Cake	29	Dragonfly Day Chicken Bacon Ranch Wrap w/ lettuce & tomato Jell-O Fruit Cup Fresh Veggies	30	BBQ Chicken Sandwich Whole Wheat Bun Cheesy Potato Casserole Sautéed Zucchini Fruit Cup				