

Senior Center Board of the City of Milford, NE

September 19, 2023

The Open Meeting was called to order by Chairperson, Marian Eicher at 4 p.m. with a quorum of Board Members present Marian Eicher, Mary Wiese, Linda Nelson, and Mike Moritz. Diane Kemper, absent. Senior Center Manager Mystii Lauer, present. City Council Liaison Kelli Kieb, absent.

Also in attendance: Sharon Bender, Arlene Moritz, Kathy Nowotny, Larry TeSelle, and Susan Trabert.

**Manager's Report** Mystii presented. See attached for specific information.

#### Building Updates

The floor tiles that were coming up in the kitchen have been replaced.

Seward County Aging Services is now located in Seward so the rooms they have occupied are available for other uses.

#### New Business

Another Yoga class will begin in October. It will be held on Thursday afternoons.

The birthday meal in November will be moved to Thursday, November 30 since Thanksgiving is the previous week, and the entertainment isn't available on Wednesday. December birthday meal date is to be determined.

The CRAVE students from ESU 6 are available to participate in some events at the Senior Center. Mystii will be in communication with them.

Memorial Health Care Systems will be giving flu shots at the Center on Wednesday, October 4 from 1 – 2 p.m.

Still looking for ideas of what to do with all the Girl Scout cookies that were donated to the center.

Contacted a recycling company in Lincoln. They will come out and pick up the old copier for free. There is a \$25 fee for recycling the copier. They will pick up other items as well if they're at the center. If someone brings in something to recycle that has a fee, the person bringing it in will pay that fee. Most items can be recycled free of charge. A date will be set.

The Manager's Report and the Financial Report were approved. (Mary/Linda)

OLD Business:

The By-Law Committee met and after reviewing the policy already in place by the City of Milford, it was decided they are adequate. The committee recommends changing the name from *Milford Aging Services Commission* to *Milford Senior Center Board*.

Linda/Mary/Approved

According to the city policy, the terms of members of the Milford Aging Services Commission are every two years on the first Tuesday of January. In the even years, two member's terms end. In the odd years, three member's terms end. Members may serve two consecutive terms. Currently, the dates are varied throughout the year. The board is requesting the City Council make the necessary changes to the term ending dates of the current board members to reflect City Policy. Linda/Mary/Approved

A suggestion was made to include in the policy that if a board member misses a number of meetings, then they will be replaced. This suggestion was tabled and may be discussed at another time.

NEW Business:

Motion made to approve another Yoga class to begin in October. It will be held on Thursday afternoons. An additional \$20 per class will be paid from the budget. Linda/Mary/Approved

A report about Linden Village and meals was included in the Manager's Report.

Discussion about Seward County Aging Services and Aging Partners updates. Who will be doing the SHIP program (Medicare Part D), and the foot clinic were discussed. These are programs that had been facilitated by Seward County Aging Services and the board feels that arrangement can continue.

A motion was made to purchase wire shelving for the storage rooms, not to exceed a total of \$1000, and to use money from the "24" account, if possible. (It has since been learned that the City Council must approve any spending from this account.) If they do not approve that spending, then it will come out of the Senior Center budget. Mary/Linda/Approved

The next Board meeting will be Tuesday, October 17, at 4 pm.

The meeting was adjourned at 5:30 p.m. (Linda/Marian)

Respectfully submitted,

Mary Wiese

Mike Moritz

## Manager's Report

September 12, 2023; for Milford Senior Center Board Meeting on September 19, 2023

Prepared by Mystii Lauer, Manager

### Building Updates:

Tile is coming up in front of the dishwasher. Gary has no one on staff who can fix or replace the tile; Mystii is contacting various professionals to get that taken care of.

Soon to be vacant rooms: a suggestion for the room adjacent to the manager's office is to have it house the items that are currently in the storage room located across the hall from the kitchen while also having a long white table for projects, crafts, computer and other classes; possibly bringing one of the big screen TVs up from downstairs. For the room next to the coffee station a suggestion has been made to relocate the salad bar and other infrequently used items for storage to this room. It would be beneficial to utilize the storage room across from the kitchen for all the paper products to be stored together and labeled so we know exactly what we have in inventory, what and how much is needed for lunch use, fundraisers, etc.

### New Business:

- Mystii spoke to Kelly Haney regarding adding in another Yoga class on Thursday afternoons, a moderate adaptive session, which is a more inclusive session. Kelly would charge the discounted rate of \$20.00 per session. This can move ahead with the board's approval and as soon as Kelly's schedule allows.
- Bill Swanson contacted Mystii about Life Pointe. Life Pointe is closing and Bill wondered if they would donate some of the exercise equipment. Bill stated that he asked two of the gentlemen who work there to consider donating and asked Mystii to 'make a pitch' for some of the equipment, by

letter. We currently have one treadmill, 2 New Step machines, 1 Stair Climber, 1 Stationary Bike, hand weights, and resistance bands. Mystii is not sure what they have to donate and will follow up.

#### Old Business:

- SSAD Provider application is completed and was sent in on August 23, 2023.
- August Meal Fundraiser - Potato Bake: Estimated earning was \$846.73.
- The pie/ice cream fund raiser from Fun Days: Estimated earning was \$138.88; there are 3 baked, frozen pies (2 cherry and one strawberry/rhubarb). Two whole pies were sold for \$15.00 each. There are 4 unbaked pies in the freezer (1 apple, 1 peach, 1 berry medley, 1 cherry).
- Kelly Mancine and George have begun working with Mystii on ways to utilize the laptops.
- Daily congregant and meal deliveries are going very well; Linden Village is helping to address concerns brought forth.
- Girl Scout Cookie fundraiser update.
- Disposing of the piano and copy machine that are taking up space downstairs