

OCTOBER
2026



Milford Senior Center The Center Chronicles

Join Us for the History of the Rag Dolls!

Be sure to join us on **Monday, October 19th at 10:00 am** as Gail Chapman shares The History of the Rag Dolls and takes us on an incredible Raggedy Journey!



If you've been part of the Raggedy Ann and Andy community for any length of time, you've likely heard of longtime collector Gail Chapman. Her love for Raggedy Ann and Andy began in 1976, when she was introduced to a bicentennial-themed nursery—and from there, her passion blossomed into a remarkable collection filled with history, memories, and stories. Gail has collected dolls from every era, sewn her own dolls, and lovingly restored others in her very own "doll hospital." She has also shared the history of her beloved Raggedy friends with countless people and organizations through her engaging presentations. But Gail's collection is about so much more than dolls. It is a rich history, stitched together with love.

From handmade dolls created for her family to a month-by-month Raggedy quilt celebrating America's 250th birthday, Gail has spent generations bringing joy, creativity, and a little Raggedy magic to others.

Come hear her incredible story and take a journey through the history of Raggedy Ann and Andy.

OCTOBER BIRTHDAY MEAL

Our Birthday meal will occur on **Wednesday, October 28 at 11:45 am** consisting of ham, scalloped potatoes, green beans and a roll. AND a cupcake!

Be sure to reserve your meal by Friday, October 23 at 1:00 pm.

Paul Siebert will entertain us with Echoes of an Era: using the Nebraska State Seal and Flag as a backdrop, Paul presents a musical living history program of a family's journey from Russia to Nebraska in the 1870's. Using original and period music with up to 7 different acoustic instruments, storytelling, personal family history, period costume and extensive knowledge on the subject of Blacksmithing/metallurgy, Paul presents an interactive entertaining program.



NEW POLICY

Did you know that if you reserve a birthday meal and don't show up The Center still has to pay for that meal? The Senior Center Board address this at a recent meeting. If an individual reserves a meal two consecutive months in row then that individual will need to pre-pay starting the next month should they choose to sign up to reserve a meal. IF you sign up and are unable to attend call The Center to cancel the reservation. OR find someone to take your place and let Mystii know. Thank you for your cooperation.

BAKED POTATO FUNDRAISER!



**Wednesday,
October 14, 2026
5:00 - 7:00 pm**

Join us from 5:00 to 7:00 pm
Wednesday, October 14
for the FINAL BAKED POTATO BAR
FUNDRAISER for 2026!
Baked potato, salad bar, desserts,
and beverages.

BIRTHDAY MEAL DRAWING - FREE MEAL!

We are having a drawing each month for a free meal. Everyone who attends the birthday meal and has a birthday that month, will have their name put in a drawing. Whoever has their name drawn will get their meal for free! Be sure to reserve your spot by the Friday before. CONGRATULATIONS to Norma Cast on winning a free birthday meal for the month of August.



CREATING WITH MIKE

A nice sized group met in September to Create with Mike. They painted a LOT of shapes to make into a couple of barn quilt designs. The project will continue in October to put the pieces together and to start some smaller barn quilts. New folks are welcome to join in to finish those two projects and to even make a smaller one for yourself or to leave at The Center.

See you **TUESDAY, OCTOBER 13 at 12:45 pm.**

WORD OF THE WEEK & THE DWELLING CIRCLE

Join us every **Tuesday at 10:30 am** to learn the Word of the Week with Pastor Lyn Seiser from the Milford United Methodist Church.

Pastor Steve Griffin from Bellwood Mennonite Church leads The Dwelling Circle **Thursdays at 10:00 am.**

Plan to stay for lunch! Make your reservation for lunch by 1 pm the day before.



Thank you to the teachers of the 3 - 4- 5 year olds at Little Leaps of Faith for bringing the children over to sing some songs for us. Maybe we'll have to do the action songs with them next time!

OVERHEARD AT THE CENTER

- ♥ Anger is what love bleeds when you cut it.
- ♥ Anger is a starting point, not a staying point.
- ♥ Vacation?! We think coming here is a vacation!
- ♥ I'm so glad I came down here today; I was all by myself all weekend. It was good to come down and talk to people.
- ♥ A man introduced himself as Harley, like in the motorcycle. I said my name is John, like in the bathroom.



POSTWAR POP

Join us at The Center on **Monday, October 5 at 12:45 pm** to hear Donald-Brian Johnson present about Post War Memorabilia: From the 1920's onward, America was flooded with pop culture collectibles. Johnson's entertaining, informative program examines how these trends of the times came to be. A colorful power point presentation, and artifact samples, bring the mid-twentieth century vibrant life. Retro, yet up-to-the-minute, "Postwar Pop" is an invigorating exploration of the tastes that shaped an era.

CHANGING SPACES

Rightsizing expert and CEO of Changing Spaces SRS, Jeannine Bryant, will be here **Friday, November 6 from 12:30 – 1:30 pm** sharing a presentation titled "What's Holding You Back? Stuff, Stress, and Letting Go". She will speak for 45 minutes with 15 minutes for questions afterwards. <http://www.changingspacesrs.com/>



10-POINT PITCH TOURNAMENT

Join us **Thursday, October 1 at 6:30 pm** for a 10-Point Pitch Tournament. All ages are welcome!

Each player will keep their own score. Players will move tables after 4 hands. Highest score at the end of play WINS!



OCTOBER 2026 ACTIVITIES & CONGREGATE AND TO GO MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu is subject to change without notice. *Milk and Whole Wheat Dinner Rolls available upon request*			1 Coffee 8-11 am The Dwelling Circle w/ Pastor Steve 10:00 am Pitch 1:00 pm Pitch Tournament 6:30 pm Chicken Wings Roasted Potato Cali Vegetable Fruit	2 Coffee 8-11 am Yoga 9:00 am Meat Marinara In Noodles Garlic Bread Green Beans Fruit
5 Coffee 8-11 am Men's Coffee: 8-? NO Yoga 9:00 am Donald-Brian Johnson presents: Post War Memorabilia 12:45 pm Baked Chicken Rice Broccoli Fruit	6 Coffee 8-11 am Tai Chi 10:00 am Word of the Week 10:30 am Pitch 1:00 pm Pork Ribs Baked Beans Corn Fruit	7 Coffee 8-11 am Yoga 9:00 am Resistance Bands BINGO 12:45 pm Pulled Pork Sandwich Mashed Potato and Gravy Cali Blend Fruit	8 Coffee 8-11 am The Dwelling Circle w/ Pastor Steve 10:00 am Pitch 1:00 pm Meatloaf Mashed Potato n Gravy Green Beans Fruit	9 Coffee 8-11 am NO Yoga 9:00 am Chicken Alfredo In Noodles Garlic Bread Broccoli Fruit
12 Coffee 8-11 am Men's Coffee: 8-? Pat Coldiron speaks regarding Blue River Historical District 8:30 am and again at 12:45 pm Yoga 9:00 am Sloppy Joe Mashed Potato Gravy Corn Fruit	13 Coffee 8-11 am Tai Chi 10:00 am Word of the Week 10:30 am Creating w/ Mike 12:45 pm Pitch 1:00 pm Ham Sweet Potato Casserole Cali Blend Fruit	14 Coffee 8-11 am Yoga 9:00 am Resistance Bands 10:30 am Salisbury Steak Mashed Potato and Gravy Green Bean Fruit Potato Bake Fundraiser 5-7 pm	15 Coffee 8-11 am The Dwelling Circle w/ Pastor Steve 10:00 am Pitch 1:00 pm FLU SHOTS 1-2 pm Meatball Sub Rice Broccoli Fruit	16 Coffee 8-11 am Yoga 9:00 am Fridays for You - Medicare talk at MHCS 12 pm Chicken Cutlet Roasted Potato Corn Fruit

OCTOBER 2026 ACTIVITIES & CONGREGATE AND TO GO MENU

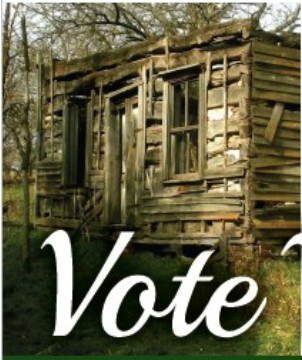
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19 Coffee 8-11 am Men's Coffee: 8-? Yoga 9:00 am Raggedy Anne Doll History 10:00 am Smothered Pork Loin Scalloped Potatoes Cali Blend Fruit	20 Coffee 8-11 am Tai Chi 10:00 am Word of the Week 10:30 am Pitch 1:00 pm Brisket Baked Beans Green Bean Fruit	21 Coffee 8-11 am Yoga 9:00 am Resistance Bands 10:30 am Nutrition Ed 12:30 pm Board Meeting 6:00 pm Pulled Pork Sandwich Mashed Potato and Gravy Broccoli Fruit	22 Coffee 8-11 am The Dwelling Circle w/ Pastor Steve 10:00 am Pitch 1:00 pm B-I-N-G-O with Greene 12:30 pm Chicken Cordon Blue Rice Corn Fruit	23 Coffee 8-11 am Yoga 9:00 am Grilled Cheese Tomato Soup Cali Blend Fruit
26 Coffee 8-11 am Men's Coffee: 8-? Yoga 9:00 am Medicare help 9 am - 2 pm — Sign up in advance for one on one appointment Chicken Fried Steak Mashed Potato and Gravy Green Bean Fruit	27 Coffee 8-11 am Tai Chi 10:00 am Word of the Week 10:30 am Pitch 1:00 pm Cheese Quesadilla Chili con Carne Broccoli Fruit	28 Coffee 8-11 am Yoga 9:00 am Resistance Bands 10:30 am BIRTHDAY MEAL 11:45 am Entertainment: Paul Siebert 12:30 pm Ham Scalloped Potatoes Green Beans Roll	29 Coffee 8-11 am The Dwelling Circle w/ Pastor Steve 10:00 am Pitch 1:00 pm Chicken Wings Roasted Potato Cali Vegetable Fruit	30 Coffee 8-11 am Yoga 9:00 am Meatball Sub Baked Potato Green Bean Fruit

October Birthdays



Katherine Adams	October 10	Ila Matthes	October 20
Joann Sieck	October 11	Bev Wehrs	October 20
Maralee Meyer	October 12	Virginia Piening	October 21
Rita Bornkamp	October 13	Scott Ruether	October 21
Karen Barker	October 15	Tammy Williams	October 21
Pat Plouzek	October 15	Beverly Churchill	October 22
Chris Woebbecke	October 15	Rosanna Shreiner	October 23
Donnette Massa	October 18	Rich Koehler	October 25
Bev Obermeier	October 18	Charleen Gausman	October 26
Sue Roth	October 18	Kathie Bennett	October 28
Lynn Schlotman	October 18	Shirley Fisher	October 31
		Donna Parks	October 31

TO HELP PRESERVE SEWARD COUNTY'S HISTORY



Vote Yes! for

**A TAX LEVY OF .001¢ ON EVERY \$100
IN THE NOVEMBER ELECTION**

☒ **SMALL INVESTMENT. LASTING IMPACT.**

WHY IT MATTERS

This tax levy helps preserve and enhance our local heritage, attract visitors, and strengthen tourism and education for generations to come.

WHAT IT DOES

- Maintains historic sites & buildings
- Preserves artifacts & archives
- Supports educational programs
- Promotes our community to visitors
- Protects our shared heritage



HOW LITTLE DOES IT COST YOU?

If your property is
valued at \$500,000,

**YOU JUST PAY
\$5 PER YEAR**

*That's about the cost
of a cup of coffee!*

DID YOU KNOW?

Neighbors in Phelps, Saline,
Hamilton, Webster, Hall,
Polk, Saunders, and Fillmore
Counties all allot a tax levy to
maintain their museums!

*Invest in our past.
Strengthen our future!*

Paid for by the
Blue River Historical District

Blue River Historical District

Pat Coldiron and friends
will speak about the Blue
River Historical District at
8:30 am and again at
12:45 pm. Come and
hear what they've been
up to!



SCAN TO LEARN MORE

MEDICARE OPEN ENROLLMENT INFORMATION

Do you have questions regarding your Medicare needs? Several opportunities to meet with someone to ask questions about Medicare Open Enrollment are coming up.

Seward Memorial Health Care Systems, 300 N. Columbia Ave, Seward, is hosting *Fridays For YOU - Medicare Updates and Open Enrollment* on **Friday, October 16** from 12 - 1 pm. Eric Hansen of Nebraska SHIP will present this FREE community education event on the new Medicare updates just in time for open enrollment. Light lunch provided. Free to attend, but RSVP is required. RSVP by Friday, October 9 by calling 402-646-4707.

The next opportunity will be held at The Center on **Monday, October 26** between 9:00 am to 2:00 pm. Sign up to schedule a time for a one on one appointment.

Another opportunity is when SHIP from Lincoln will be at the Seward Library on **Thursday, November 12** to provide Medicare counseling and assistance. To schedule an appointment for the Seward Library call 402-471-2841.

If you have questions regarding Part D Counseling, please contact Alisha Fisher, Seward County Aging Services, at 402-646-7110.

DID YOU KNOW. . .

- The Center provides entertainment on days in addition to birthday meal days? Take a look at the calendar and choose what you want to attend this month!
- All ages are welcome to eat at The Center? You'll have a well balanced meal for only \$8 if you're 60+ years old, and only \$9 if you're under age 60.
- The Senior Center Board voted to provide meals ONLY on days when SCC is in session during their school year. Meals will NOT be provided when the college is on any breaks during the school year.



Mystique Lauer, Manager

Senior Center Board Members

Marian Eicher Kelli Keib Marianne Pasho
Joan West Mary Wiese, Chairperson
City Council Liaison - Tony DeLong

**The next Senior Center Board meeting is
WEDNESDAY, OCTOBER 21 AT 6 PM.**

The City of Milford observes the holidays
listed below.

The Center is closed on these days:

New Year's Day - Memorial Day - Independence
Day - Labor Day - Veteran's Day - Thanksgiving Day
- Black Friday - Christmas Eve - Christmas Day

VOLUNTEERS NEEDED!

The Senior Center provides daily meals that are prepared at SCC, when it is in session. Volunteers from the community are needed to pick the meals up around 11:15 am each day and then the box will be ready to return to SCC at 12:15 pm. Individuals from SCC would help load the hot box into your vehicle and someone at The Center would assist in taking the hot box out of the vehicle. There is a sign-up sheet at The Center. You are also welcome to call The Center and have Mystii sign up for you.

BINGO WITH GREENE

Join Amanda from Greene as she calls
B-I-N-G-O on Thursday, October 22 at
12:30 pm.



FLU SHOTS

Flu shots will be given at The Center on Thursday, October 15 from 1 - 2 pm.

MILFORD SENIOR CENTER
Serving the Milford Community. It's not just for 'old' people! EVERYONE is welcome!

Milford Senior Center
105 S. B Street
PO Box 374
Milford, NE 68405
402-761-3367 - Landline
402-400-4774 - Cell
MilfordNESeniorCenter@gmail.com
Hours: Monday - Friday 8 am - 3 pm
Like and Follow us on Facebook at



Milford Senior Center



PLACE ADDRESS
LABEL HERE

POSTAGE