

CITY OF MILFORD  
Milford, Nebraska 68405

NOTICE OF REGULAR MEETING

NOTICE IS HEREBY GIVEN that a meeting of the Milford Aging Services Commission of the City of Milford, Nebraska will be held at 3:45 P.M. on Tuesday, May 18, 2021 at the Milford Senior Center, 105 South "B" Street, Milford, which meeting will be open to the public. An agenda for such meeting kept continuously current, is available for public inspection at the office of the City Clerk at the City Hall.

  
City Clerk

Agenda matters are as follows:

1. Call to Order
2. Roll Call
3. Open Meeting Act Requirement
4. Approve Minutes April 20, 2021
5. REPORTS
  - a. Manager's Report – Amy Salistean
  - b. Financial /Budget Report - Amy Salistean
6. OLD BUSINESS
  - a. Congregate Meal Plans
  - b. Fundraising
7. ADJOURNMENT

CERTIFICATION

I hereby certify that the above meeting notice was posted by me in three public places in the City of Milford as follows:

City Clerk's Office  
Farmers & Merchants Bank  
U.S. Post Office

Posted on May 14, 2021 by 10:00 am

  
City Clerk

Milford Aging Services Commission

Of the City of Milford, NE

May 18, 2021

The Open Meeting was called to order by Chairperson Pat Grimes at 3:50 PM.

Roll was called with the following Board members present: Mike Moritz, Ron Oswald, and Pat Grimes. Also, present: Senior Center Manager Amy Salistean, Councilwoman Becky Freeman, Susan Trabert, Elna Lambert, Sharon Bender, and Seward County Aging Program Manager Kathy Ruzicka and Sandy Shaw.

The Open Meeting Act Requirement was met.

Minutes from the April 20, 2021 meeting were available and motion to approve (Mike/Ron), motion carried.

Amy gave the Manager's Report and the Financial Report. The drumming classes have been successful as has the yoga. A foot care clinic was held on May 12<sup>th</sup>. The next clinic will be held on July 14<sup>th</sup>. The sprinklers were inspected. The cost will come out of the maintenance budge.

Both the Manager's Report was approved (Ron/Mike).

The Financial Report was also approved (Mike/Ron).

Old Business included a discussion regarding congregate meals being served at the center. SCC has created a meal contract for the summer months. The summer cost will be higher as SCC is not serving meals during the summer months. The cost during the school year will be closer to the Sunrise contract. SCC would provide a prepared casserole type dish for Mondays. Amy would need to warm and serve. Tuesday will continue to be a meal provided by Dragonfly. Wednesday-Friday meals will be provided by SCC. These will be fresh/prepared meat and potato type meal and would be delivered to the Center. Some possible meals include lemon pepper tilapia, sloppy joes, grilled pork chops, etc. It may also include 1-2 desserts. There are a couple of days in June when Terri Urtle (SCC) would not be available. For these days, she would provide a frozen casserole. Terri and SCC were able to work to get the cost of the meal at \$6.23/meal (current cost is \$5.25). SCC will waive their usual fees, however there will be a 20 meal minimum. This would come to \$124.60/day, minus USDA funding, minus the suggested contribution. There would be roughly \$20.20/day coming out of the Center budget. Approximately \$3,000 remains from the Legacy grant. The grant was provided to help cover food costs during the pandemic. The funds could be used to help cover the increased meal costs during the summer months. The average number of meals served pre-COVID was 6-8/day. Currently Amy is providing about 16 meals a day.

If the contract is extended in August for 5 days a week, Amy would no longer need to grocery shop. Also, the price of the meals would drop considerably during the school year. Possible to also continue delivering meals.

Dragonfly is willing to continue to provide the Tuesday meal, but they were not willing to do so every day. As a business, Dragonfly is not required to provide nutritionally balanced meals and they do not have to have their meals approved. Both would be required for Center meals.

Once we are past COVID, meal delivery will change somewhat. If an individual is physically capable of leaving their homes, they would need to pay the full cost of the meal. Those homebound could pay the suggested cost.

There is a possibility of some 'take home' meals to compensate for the 20 meals (i.e. some individuals may take more than 1 meal).

Some may not be able to afford the increase meal cost. The suggested contribution is just that – a suggestion. Some may only pay \$2 and some may pay \$0. Most individuals pay the suggested contribution.

The Board discussed the possibility of freezing the extra meals. There would be extra requirements and it may not be a possibility.

It was suggested that we ask restaurants in town if they would provide 1 meal each week. The Senior Center could supplement items to make sure the meal was nutritionally balanced. Dragonfly and Pizza Kitchen have and continue to provide meals. The meal guidelines from Aging Partners will start changing as COVID restrictions are lifted.

We could cancel meals until mid-August. We could continue as we are. We could utilize SCC through the contract. The Board did discuss that the Mayor has been involved in the contract with SCC.

It was suggested to increase the price of meals

	<u>Current</u>	<u>Suggested</u>
Actual Price	\$5.25	\$6.23
Suggested Donation	\$4.50	\$5.50
Full Price	\$6.75	\$7.75

- The full price cost is for people under 60 years of age and those who want the meal delivered and are not homebound.

There is roughly \$1,000 that the Center receives quarterly that is for the purpose of covering meal costs for those who don't have the suggested donation (\$4.50 current).

If we move forward with the SCC contract, publicity will be key so that people know these are available.

Delivery will occur once the meals are served. Either Amy or a volunteer will need to deliver.

Motion to increase the suggested donation to \$5.50 and full cost to \$7.75. Accept SCC program starting June 1<sup>st</sup> (after Council meeting) through September 1<sup>st</sup>. Also, use Legacy Funds to cover costs. Ron made the motion. Pat seconded. All in favor.

The Board will discuss the number of meals (4 or 5) that should be part of the contract starting in September during a future meeting.

Fundraising was also discussed during the meeting. The Potato Bake is currently on the schedule for Fun Days. There is concern that there will not be enough volunteers to host the Potato Bake. Mike made a motion to not have the Potato Bake. Ron seconded. All in favor.

Potato Bakes will resume in September.

Amy also noted that the Center is now open for rentals. Cost is \$75 - \$50 is refundable.

Ron made a motion to adjourn. Mike seconded. All in favor.

Meeting adjourned at 5:00 p.m.

Respectfully submitted,

Becky Freeman