


# March 2025 ACTIVITIES & CONGREGATE or TO GO MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Coffee 8 - 11am Yoga 9:00 am Wii 9:00 am  Roasted Chicken Rice Corn Fruit	<b>4</b> Coffee 8 - 11am Tai Chi 10:30 am <b>Game w/ Rae from Tabitha 12:30 pm</b> Pitch 1:00 pm  Chicken Cordon Bleu Mashed Potato w/ Gravy Broccoli Fruit	<b>5</b> Coffee 8 - 11am Yoga 9:00 am Resistance Bands 10:30 am Bingo 12:45 pm  Lasagna Garlic Bread Green Beans Fruit Dessert	<b>6</b> Coffee 8 - 11 am <b>Board Meeting 12:30 pm</b> Pitch 1:00 pm <b>Pitch 7:00 pm</b>  Scrambled Eggs Biscuits w/ Gravy Sausage Hashbrown Cali Blend Fruit	<b>7</b> Coffee 8 - 11am Yoga 9:00 am Video Exercise Class 10:30 am  <b>Brunch with Greene 11:30 am</b>
<b>10</b> Coffee 8 - 11am <b>Coffee and Conversation regarding Medicare w/ Colleen Ozane 9:00 am</b> Yoga 9:00 am Wii 9:00 am  Chicken Salad on Croissant Chips Broccoli Fruit	<b>11</b> Coffee 8 - 11am Tai Chi 10:30 am <b>Crafting w/ Mike 12:30 pm</b> <b>Button Flowers</b> Pitch 1:00 pm  Cheese Ravioli in Meat Sauce Jello w/ Fruit Carrots	<b>12</b> Daylight Donuts 7 - 10 am Coffee 7 - 11 am Yoga 9:00 am NO Resistance Bands  <b>Baked Potato Bar</b> <b>Fundraiser 11 am - 1 pm</b> <b>FREE WILL DONATION</b>	<b>13</b> Coffee 8 - 11 am Pitch 1:00 pm  White Chicken Chili Tossed Salad Fruit Bread	<b>14</b> Coffee 8 - 11am Yoga 9:00 am Video Exercise Class 10:30 am <b>Movie w/ Wes: The Glen Miller Story 1954 12:30 pm</b>  Sloppy Joes Tator Tots Peas Fruit




## BIRTHDAYS

### THIS MONTH

	Arden Svoboda	3/2
	Shirlene Theis	3/2
	Jackie Anderson	3/6
	Carol Morrow	3/6
	Pat Rixtine	3/7
	Sharon White	3/15
	Mavis Ferris	3/16
	Ron Oswald	3/20
	Pat Grimes	3/22
	Sharon Bender	3/24
	Char Roth	3/28

**EVENING PITCH!**  
 Here's the **DEAL**. We are taking the **LEAD** and not going to **PASS** up the opportunity to have another chance to play some **PITCH!**




The next dates are **SET** for **THURSDAY, March 6,**  
**at 7 pm**

Don't be a **JOKER!**

**SHUFFLE** on in and play a few games!  
 Now take the **LEAD** and invite your friends to join you for an evening of fun!

# March 2025 ACTIVITIES & CONGREGATE or TO GO MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>17</b> Coffee 8 - 11am Yoga 9:00 am Wii 9:00 am <b>Crafting with Carla from Kinship 12:30 pm</b> Pork Loin Roasted Potato Green Beans Fruit	<b>18</b> Coffee 8 - 11am Tai Chi 10:30 am Pitch 1:00 pm  Brisket Sweet Potato Casserole Corn Fruit	<b>19</b> Coffee 8 - 11 am Yoga 9:00 am Resistance Bands 10:30 am <b>Nutrition Ed: Food Connects Us 12:30 pm</b> Pulled Pork Sandwich Baked Potato Broccoli Fruit	<b>20</b> Coffee 8 - 11 am Pitch 1:00 pm  Meatball Sub Rice Cali Blend Fruit	<b>21</b> Coffee 8 - 11am Yoga 9:00 am Video Exercise Class 10:30 am <b>Brittany Koehler singing 12:30 pm</b> Meat Marinara Noodles Peas Fruit
 <b>SATURDAY, MARCH 22: An Afternoon with Frank</b> Doors open at 11:30 am; Meal at noon; Entertainment at 1:00 pm Anthony Manzella tribute show of songs by Frank Sinatra Fundraiser sponsored by FRIENDS OF THE SENIOR CENTER				
<b>24</b> Coffee 8 - 11 am Yoga 9:00 am Wii 9:00 am <b>Angels Care: Heart Attack—Men vs Women 12:30 pm</b> Grilled Chicken Rice Carrots Fruit	<b>25</b> Coffee 8 - 11 am Tai Chi 10:30 am Pitch 1:00 pm  Salisbury Steak Mashed Potatoes w/ Gravy Corn Fruit	<b>26</b> Coffee 8 - 11 am Yoga 9:00 am Resistance Bands 10:30 am <b>Birthdays Meal 11:45 am</b>  <u>Birthdays Meal \$10.00</u> Meatloaf Mashed Potatoes, Gravy Corn Cupcake <b>Billy Troy 12:45 pm</b>	<b>27</b> Coffee 8 - 11 am Pitch 1:00 pm <b>B-I-N-G-O with Kinship 12:30 pm</b>  <b>Brunch from Kinship 11:30 am</b>	<b>28</b> Coffee 8 - 11am Yoga 9:00 am Video Exercise Class 10:30 am  BBQ Riblet Sandwich Rice Cali Blend Fruit
<b>31</b> Coffee 8 - 11 am <b>Blood Pressures by HoriSun Hospice 8:30 am</b> Yoga 9:00 am Wii 9:00 am  Sloppy Joes Mashed Potato n Gravy Peas Fruit	The City of Milford observes the holidays listed below. <b>The Center is closed on these days.</b> New Year's Day - Memorial Day - Independence Day - Labor Day - Veteran's Day - Thanksgiving Day - Black Friday - Christmas Eve - Christmas Day			
				<b>Menu is subject to change without notice.</b> <b>*Milk and Whole Wheat Dinner Rolls available upon request*</b>

March 2025



Milford Senior Center

# Milford Senior Connections

**MILFORD SENIOR CENTER - Serving the Milford Community**  
**It's not just for 'old' people! EVERYONE is welcome!**

### BAKED POTATO FUNDRAISER!



The **Monthly Baked Potato Bar Fundraiser** is held on the second Wednesday of each month. Join us **Wednesday, March 12 from 11 am - 1 pm.**

This month the Baked Potato Bar Fundraiser will be a freewill donation. You will get a baked potato with all the toppings, salad bar, wide selection of desserts, and beverage. Sign-up sheets to volunteer are available now.

### DAYLIGHT DONUTS

The Donut Trailer will be at The Center on **Wednesday, March 12 from 7 – 10 am.** Don't forget that The Center will be open at 7:00 am as well; bring your treats in and sit and chat for a bit before heading out into the day!

### CREATING WITH MIKE

Plan on creating with Mike **Tuesday, March 11 at 12:30 pm** to make Button Flowers. Take it home or leave it to be used at The Center. You are welcome to join us for lunch then stay to create. Make your lunch reservation by 1 pm Monday, March 10.



### AGING PARTNERS - NUTRITIONAL

#### EDUCATION: Food Connects Us

At **12:30 pm, Wednesday, March 19**, Aging Partners will be having a presentation on *Food Connects Us*. Everyone is welcome to attend the presentation.

### MARCH BIRTHDAY MEAL

Be sure to join us for the March Birthday Meal on **Wednesday, March 26 at 11:45 am.** The entertainment will be **Billy Troy at 12:45 pm.** The meal is catered by Pizza Kitchen consisting of Meatloaf, Mashed Potatoes, Gravy, Corn, Roll. Cupcakes are supplied by Sweet Canvas Cakes. If you cannot make it for lunch, you are welcome to come only for the entertainment! Everyone is welcome! Sign-up for the meal by 1 pm Tuesday, March 25.

**\*\*Birthday Meals with Entertainment are now \$10 per person.\*\***

Sponsored by the Friends of the Senior Center



## AN AFTERNOON WITH FRANK

Entertainer Anthony Manzella does a tribute show of songs by Frank Sinatra.

### An Afternoon with Frank

Saturday, March 22, 2025  
12:00 pm Price: \$20.00  
Doors open at 11:30 am  
Lunch catered by Pizza Kitchen

Purchase your ticket from a Friends of the Senior Center Board Member!

### FRIDAY MOVIES WITH WES

Everyone is welcome to view the 1954 movie, *The Glenn Miller Story*, at The Center on **Friday, March 14 at 12:30 pm.**



**CHECK OUT OUR FACEBOOK PAGE  
FOR UPDATES TO MENUS OR  
ACTIVITIES  
Milford Senior Center**

**Mystique Lauer, Manager**

**Senior Center Board Members**

Marian Eicher

Kelly Haney

Kelli Keib

Marianne Pasho

Mary Wiese

City Council Liaison - Tony DeLong

**The next Senior Center Board meeting is**

**Thursday, March 6, at 12:30 pm**

**at the Senior Center.**



The Center is grateful for the many, many volunteers, helping hands, and support of any kind.

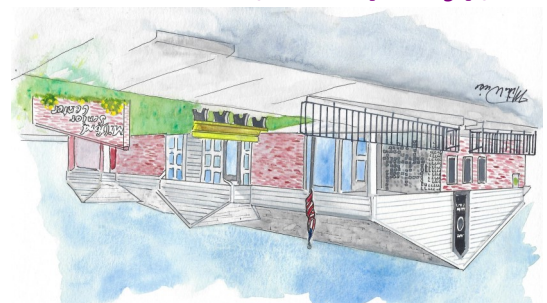
Welcome to Marianne Pasho and Kelli Kieb to the Senior Center Board and thank you for serving!

We'd like to take a minute to thank Gary TeSelle and his city crew for always making a point to ensure the walks are cleared and salted.

**ACTIVITIES AND MENUS ARE SUBJECT TO CHANGE**

While The Center works hard on providing an accurate calendar with the monthly menu and activities, sometimes there are changes outside of our control. Please keep up-to-date with our Facebook postings, and check your email for notifications of changes.

**Milford Senior Center**  
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Hours: Monday - Friday 8 am - 3 pm  
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at Milford Senior Center



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