



WOW! Come check out the new windows at The Center! We appreciate Matt Koehler of Complete Carpentry for doing an exceptional job with replacing the windows; and Ron Oswald for doing the interior finishing of the wood.



Come see what we can see!
New Windows on the World
at The Center!

★HAPPY★ BIRTHDAY!

JULY BIRTHDAY MEAL

ENTERTAINMENT LONNIE PITZ

The July Birthday Meal is **Wednesday, July 29 at 11:45 am. The entertainment will be Lonnie Pitz at 12:45 pm.** The meal is catered by Pizza Kitchen consisting of Fried Chicken, Mashed Potatoes w/ Gravy, Corn, Roll. Cupcakes are supplied by Joan West. If you cannot make it for lunch, you are welcome to come for the entertainment! And really, where can you get a meal and entertainment for only \$10.00?! **Please make your meal reservation by FRIDAY, July 24 at 1 pm. Stop by, email, or call The Center to reserve your spot.**

BIRTHDAY MEAL DRAWING - FREE MEAL!

We are having a drawing each month for a free meal. Everyone who attends the birthday meal and has a birthday that month, will have their name put in a drawing. Whoever has their name drawn will get their meal for free! Be sure to reserve your spot by the Friday before. CONGRATULATIONS to Sandra Schroeder on winning a free birthday meal for the month of May.

BAKED POTATO FUNDRAISER!



**Wednesday,
July 8, 2026
5:00 - 7:00 pm**

CHANGE IS GOOD!

We had a great time in June with having our monthly fundraiser in the evening. We welcomed many new people from the community. Join us again this month from 5:00 to 7:00 pm on Wednesday, JULY 8 for our monthly POTATO BAR FUNDRAISER! Baked potato, salad bar, desserts, and beverages.

SUMMER MEAL RESERVATION AND SERVICE SCHEDULE REMINDER

Meal reservations for the summer must be made by **EACH FRIDAY** for any meals the following week. Meals are served on Tuesdays, Wednesdays, and Thursdays through Thursday, August 13, 2026. The Center opens at 8:00 am Monday through Friday!

NOTE!

The center is closed Friday, July 3. Reserve your meals by July 2 for the following week - July 7, 8, and 9.

Mystique Lauer, Manager

Senior Center Board Members

Marian Eicher Kelli Keib Marianne Pasho
Joan West Mary Wiese, Chairperson
City Council Liaison - Tony DeLong

**The next Senior Center Board meeting is
WEDNESDAY, JULY 15 AT 6 PM.**

The City of Milford observes the holidays
listed below.

The Center is closed on these days:

New Year's Day - Memorial Day - **Independence
Day** - Labor Day - Veteran's Day - Thanksgiving Day
- Black Friday - Christmas Eve - Christmas Day

CONTACTING THE CENTER

When contacting The Center you may leave a voice
message on the answering machine, send an email,
or stop in. The phone number 402-761-3367
is NOT a cell phone and there is NO texting to that
number....HOWEVER The Center now has a cell
phone where you CAN send a text message. That
number is 402-400-4774.

WORD OF THE WEEK

Join us every **Tuesday at 10:30 am** to learn the
Word of the Week with Pastor Lyn Seiser from
the Milford United Methodist Church. Plan to
stay for lunch! Make your reservation for
lunch by 1 pm the Friday before.

10-POINT PITCH TOURNAMENT

Join us **Thursday, July 2 at 6:30 pm** for a
10-Point Pitch Tournament. All ages are
welcome!

Each player will keep their
own score. Players will move
tables after 4 hands. Highest
score at the end of play **WINS!**



MILFORD SENIOR CENTER
Serving the Milford Community. It's not just for 'old' people! EVERYONE is welcome!

PLACE ADDRESS
LABEL HERE


POSTAGE

Milford Senior Center
105 S. B Street
PO Box 374
Milford, NE 68405
402-761-3367 - Landline
402-400-4774 - Cell
MilfordSeniorCenter@gmail.com
Hours: Monday - Friday 8 am - 3 pm
Like and Follow us on Facebook at
Milford Senior Center

Milford Senior Center



JULY 2026 ACTIVITIES & CONGREGATE AND TO GO MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6 Coffee 8-11 am Men's Coffee: 8-? Yoga 9:00 am</p> <p>NO MEAL</p>	<p>7 Coffee 8-11 am Tai Chi 10:00 am Word of the Week 10:30 am Creating w/ Mike 12:45 pm Pitch 1:00 pm</p> <p>Baked Pork Chops Jello w/ bananas Scalloped Potatoes Carrots</p>	<p>1 Coffee 8-11 am Yoga 9:00 am Resistance Bands 10:30 am BINGO 12:45 pm</p> <p>Pigs in a blanket Potato Salad Peas Fruit</p>	<p>2 Coffee 8-11 am Pitch 1:00 pm Pitch Tournament 6:30 pm</p> <p>Beef and Cheddar Sandwich Baked Beans Broccoli Salad Fruit</p>	<p>3</p> <p>CENTER CLOSED</p> <p>HAPPY 4TH OF JULY</p> 
<p>6 Coffee 8-11 am Men's Coffee: 8-? Yoga 9:00 am</p> <p>NO MEAL</p>	<p>7 Coffee 8-11 am Tai Chi 10:00 am Word of the Week 10:30 am Creating w/ Mike 12:45 pm Pitch 1:00 pm</p> <p>Baked Pork Chops Jello w/ bananas Scalloped Potatoes Carrots</p>	<p>8 Daylight Donuts 7-10 am Coffee 7-11 am Yoga 9:00 am Resistance Bands 10:30 am</p> <p>Ham & Potatoes Tossed Salad Fruit</p> <p>BAKED POTATO BAR FUNDRAISER 5:00 pm to 7:00 pm</p>	<p>9 Coffee 8-11 am Pitch 1:00 pm</p> <p>Cheese Omelets Hash Browns w/ veggies Cucumber/Onion/Tomatoes Fruit</p>	<p>10 Coffee 8-11 am Yoga 9:00 am</p> <p>NO MEAL</p>
<p>13 Coffee 8-11 am Men's Coffee: 8-? Yoga 9:00 am Coffee w/ Colleen chatting about Medicare: 9:00 am</p> <p>NO MEAL</p>	<p>14 Coffee 8-11 am Tai Chi 10:00 am Word of the Week 10:30 am Pitch 1:00 pm</p> <p>Chicken and Cheddar Sandwich Broccoli Fruit</p>	<p>15 Coffee 7-11 am Yoga 9:00 am Resistance Bands 10:30 am Board Meeting 6:00 pm</p> <p>Egg Salad Sandwich Chips Fruit Carrots</p>	<p>16 Coffee 8-11 am Pitch 1:00 pm</p> <p>Chicken Pot Pie w/ veggies Cottage Cheese Beets Fruit</p>	<p>17 Coffee 8-11 am Yoga 9:00 am</p> <p>NO MEAL</p>

JULY 2026 ACTIVITIES & CONGREGATE AND TO GO MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>20</p> <p>Coffee 8-11 am Men's Coffee: 8-? Yoga 9:00 am</p> <p>NO MEAL</p>	<p>21</p> <p>Coffee 8-11 am Tai Chi 10:00 am Word of the Week 10:30 am Pitch 1:00 pm</p> <p>Tuna Salad Sandwich Green Beans Berries w/ Yogurt</p>	<p>22</p> <p>Coffee 8-11 am Yoga 9:00 am Resistance Bands 10:30 am Nutrition Ed 12:30 pm Board Meeting 6:00 pm</p> <p>Beef Taco Salad Rolls Fruit Salad</p>	<p>23</p> <p>Coffee 8-11 am BINGO w/ Greene 12:30 pm Pitch 1:00 pm</p> <p>Brunch w/ Greene 11:45 am</p>	<p>24</p> <p>Coffee 8-11 am Yoga 9:00 am</p> <p>NO MEAL</p>
<p>27</p> <p>Coffee 8-11 am Men's Coffee: 8-? BP Check w/ HoriSun Hospice 8:30 am Yoga 9:00 am Aging Partners Farmer's Market Coupon Distribution 10 - 11:45 am</p> <p>NO MEAL</p>	<p>28</p> <p>Coffee 8-11 am Tai Chi 10:00 am Word of the Week 10:30 am Pitch 1:00 pm</p> <p>Chicken Strips Caesar Salad Beets Cottage Cheese Fruit</p>	<p>29</p> <p>Coffee 8-11 am Yoga 9:00 am Resistance Bands 10:30 am Birthday Meal 11:45 am Fried Chicken Mashed Potatoes w/ Gravy Corn Roll Dessert Entertainment: Lonnie Pitz 12:45 pm</p>	<p>30</p> <p>Coffee 8-11 am Pitch 1:00 pm</p> <p>Chef Salad Crackers Fruit Salad</p>	<p>31</p> <p>Coffee 8-11 am Yoga 9:00 am</p> <p>NO MEAL</p>



Gail Bridgman	July 1	Kathy Nowotny	July 12	John Goertzen	July 21
Deborah Lammers	July 2	Roy Cast	July 15	Gene Anderson	July 22
Tom Smith	July 4	Marcia Piening	July 15	Glenda Anderson	July 22
Cindy Swanson	July 4	Paul Luckesh	July 16	Marian Eicher	July 24
Virginia Hauder	July 5	Terry Alfredson	July 17	Michelle Fochtman	July 24
Shannon Steele	July 5	Joyce Forst	July 17	Joan West	July 25
Marta Papik	July 7	Carrie Graves	July 17	Carol Yeackley	July 27
Ann Roth	July 7	Cloy Stutzman	July 18	Mystii Lauer	July 28
Nicole Pollman	July 9	Dennis Sturtevant	July 19	Arlene Moritz	July 31