

December 2024

January 2025

Enjoy this special  
December and  
January edition of  
the newsletter!

Milford Senior Center  
Milford Senior Connections

# MILFORD SENIOR CENTER - Serving the Milford Community

## It's not just for 'old' people!

### JIGSAW PUZZLE COMPETITION

Who knew we could have so much fun at a jigsaw puzzle tournament? Well, we did! Thanks to so many for financial or other support: Farmers and Merchants Bank, Rediger Automotive, Thrivent, Main Street Market, Hair First, Dragonfly, Kinship Pointe, Friends of the Senior Center, Fallbrook YMCA, folks who came to observe, and those who contributed snacks! What fun to team up with Webermeier Library. We had fourteen teams of four focused folks who strategized and dove right in. Thank you all, again for participating in the contest. We enjoyed meeting you and watching how much fun you were having. You are welcome at The Center anytime!



Finishing in first place was "The Piece Makers" with a time of 34:20 minutes.



The "Puzzle Addicts" were second place with a time of 38:58 minutes.



Finishing in third place was "Puzzle Posse" with a time of 45:23 minutes.

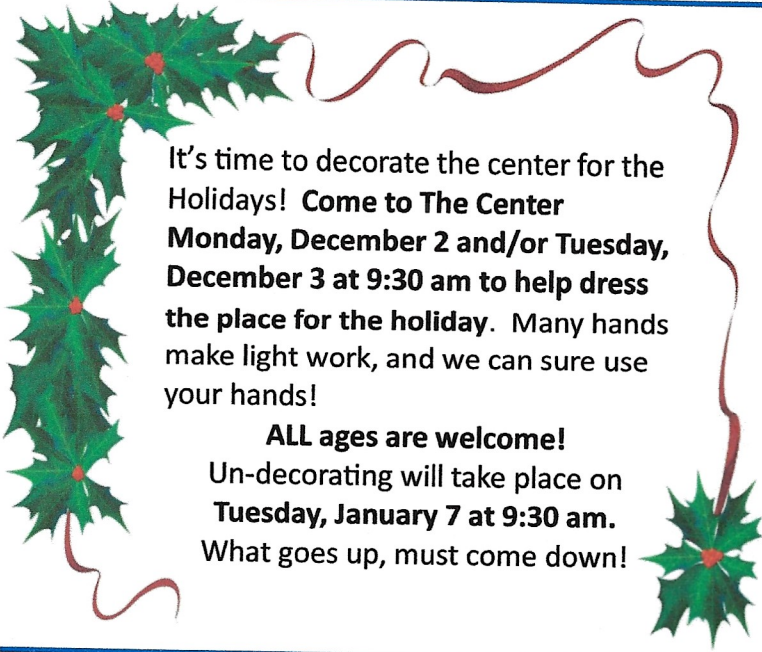


### IT WAS A BUSY NOVEMBER AT THE CENTER!

There were so many activities at The Center in November. Jigsaw Puzzle Competition; Birthday meal followed by entertainment with Leo Lonnie; Just for fun we had Roger Fisher, Ventriloquist, and his therapy dog Tanner entertain. Then of course we made Christmas Trees with Carla from Kinship; and spent time Creating with Mike. The community is welcome to attend any of the events at The Center. Join us sometime!



# WHAT'S GOING ON AT THE CENTER IN DECEMBER & JANUARY?



It's time to decorate the center for the Holidays! **Come to The Center Monday, December 2 and/or Tuesday, December 3 at 9:30 am to help dress the place for the holiday.** Many hands make light work, and we can sure use your hands!

**ALL ages are welcome!**  
Un-decorating will take place on **Tuesday, January 7 at 9:30 am.**  
What goes up, must come down!

## GIFTWRAPPING FUNDRAISER

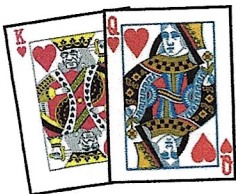


Do you have gifts that need wrapping? Come to the **Christmas Present Gift-Wrapping Fundraiser** on **Saturday, December 7 from 3:30 - 6 pm** or **Tuesday,**

**December 17 from 2 pm to 6 pm.** at the Milford Senior Center. This is a free-will donation fundraiser to benefit the Senior Center thanks to seed money from Thrivent Financial. It is open to the community! Join us for refreshments and conversation while volunteers wrap your gifts. If you have any questions, please contact Katy at 620-640-8334.

## EVENING PITCH!

Here's the **DEAL.** We are taking the **LEAD** and not going to **PASS** up the opportunity to have another chance to play some **PITCH!**



The next dates are **SET** for **THURSDAY, DECEMBER 5,** and **THURSDAY, January 2 at 7 pm**

Don't be a **JOKER!**  
**SHUFFLE** on in and play a few games!  
Now take the **LEAD** and invite your friends to join you for an evening of fun!

## PRE-CHRISTMAS DINNER

A pre-Christmas Celebration is scheduled for **Tuesday, December 17,** with the turkey, dressing, mashed potatoes, gravy, roll/butter and home-made rosettes provided by Tom Smith and Diane Kemper. **Sign up by Thursday, December 12 at 1 pm** to reserve your spot for lunch and then sign up to bring a side dish/potluck item to share! Lunch will be served at 11:30 am.

**Entertainment will begin at 12:30 pm with Dan Reynolds, a Neil Diamond vocal impressionist.** Find information about him at <https://www.kingofdiamondstribute.com/>

Mark your calendar NOW!  
Everyone is invited!

## DECEMBER BIRTHDAY MEAL

# HAPPY BIRTHDAY

The December BIRTHDAY MEAL will be on **Thursday, December 19 at 11:45 am.** We'll be having meatloaf, mashed potatoes with gravy, carrots, a roll with butter from Pizza Kitchen, and birthday cake from Sweet Canvas Cakes. Entertainment is the **Music Bingo People at 12:45 pm.** JOIN US to celebrate December birthdays!

## FRIDAY MOVIES WITH WES

Everyone is welcome to view the upcoming movies at The Center.

**Friday, December 6 at**

**12:30 pm**

**Christmas in Connecticut;** and on **Friday, January 3 at**

**12:30 pm**

**12 Angry Men.**



## DAYLIGHT DONUTS




Daylight Donuts trailer will be parked in the driveway at The Center on **Wednesday, December 11 & January 8 from 7 – 10 am.**

Pre-orders are welcome via email at [DaylightYork@gmail.com](mailto:DaylightYork@gmail.com).


# DECEMBER 2024 ACTIVITIES & CONGREGATE AND DELIVERY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Coffee 8:00-11:00 am NO Yoga 9:00 am Wii 9:00 am Decorate the Center 9:30 am Living Well with Chronic Illness 12:30 - 3 pm</p> <p>Meatloaf Diced Potato Green Beans Fruit Dessert</p>	<p>3 Coffee 8:00-11:00 am Decorate the Center 9:30 am NO Tai Chi 10:30 am Holiday Game with Tabitha at 12:30 pm Pitch 1:00pm</p> <p>Lasagna Garlic Bread Peas Fruit</p>	<p>4 Coffee 8:00-11:00 am NO Yoga 9:00 am Exercise Bands 10:30 am BINGO 12:45pm</p> <p>Chicken Fried Steak Mashed Potato w/ Gravy Corn Fruit</p>	<p>5 Coffee 8:00-11:00am Creating with Mike 10:30 am Pitch 1:00 pm Pitch 7:00 pm</p> <p>Brunch w/ Greene NOON</p>	<p>6 Coffee 8:00-11:00 am NO Yoga 9:00 am Video Exercise Class 10:30 am Movie with Wes: Christmas in Connecticut 12:30 pm</p> <p>Spaghetti w/ Meatballs Garlic Bread Broccoli Fruit Dessert</p>
<p>9 Coffee 8:00-11:00 am Yoga 9:00 am Wii 9:00 am Living Well with Chronic Illness 12:30 - 3 pm</p> <p>Sloppy Joe Mashed Potato w/ Gravy Green Beans Fruit</p>	<p>10 Coffee 8:00-11:00 am Tai Chi 10:30 am Craft with Carla from Kinship 12:30 Pitch 1:00 pm</p> <p>Smoked Roast Beef Roasted Potato Corn Fruit Dessert</p>	<p>11 Daylight Donuts 7 - 10 am Coffee 8:00-11:00 am Yoga 9:00 am Exercise Bands 10:30 am Aerial America 12:30 pm</p> <p>Roasted Pork Loin Scalloped Potatoes Peas Fruit</p>	<p>12 Coffee 8:00-11:00 am Christmas Centerpieces with Kathy R 12:30 pm Pitch 1:00 pm</p> <p>Runza Bake Baked Potato Broccoli Fruit Dessert</p>	<p>13 Coffee 8:00-11:00 am Yoga 9:00 am Video Exercise Class 10:30 am</p> <p>Brunch with Kinship 11:30 am</p>
<p><b>SATURDAY - DECEMBER 7 GIFT WRAP Fundraiser 3:30 - 6 pm</b></p>				
<p>The City of Milford observes following holidays: <b>The Center is closed on these days.</b> New Year's Day - Memorial Day - Independence Day - Labor Day - Veteran's Day - Thanksgiving Day - Black Friday - Christmas Eve - Christmas Day</p>				
<p><b>*Milk is always available upon request*</b> <b>Menu is subject to change without notice.</b></p>				


# DECEMBER 2024 ACTIVITIES & CONGREGATE AND DELIVERY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>16</b> Coffee 8:00-11:00 am Yoga 9:00 am Wii 9:00 am  Chicken Salad Sandwich Jello w/ Fruit Chips Beets	<b>17</b> Coffee 8:00-11:00 am NO Tai Chi 10:30 am Pitch 1:00 pm <b>GIFT WRAP Fundraiser</b> 2 - 6 pm <b>Pre-Christmas Luncheon</b> 11:45 am Turkey Potatoes/Gravy Stuffing Sides <b>Neil Diamond</b> <b>Impressionist 12:30 pm</b>	<b>18</b> Coffee 8:00-11:00 am Yoga 9:00 am Exercise Bands 10:30 am <b>Thad Meyer - Accordion &amp; Music Entertainment -</b> 12:30 pm  Crock Pot Cheeseburgers French Fries Tossed Salad Pineapple	<b>19</b> Coffee 8:00-11:00 am Pitch 1:00 pm  <b>Birthday Meal 11-11:45 am</b> Meatloaf Mashed w/ Gravy Carrots Dinner Roll Cake  <b>Entertainment: The Music</b> <b>Bingo People 12:45 pm</b>	<b>20</b> Coffee 8:00-11:00 am Yoga 9:00 am Video Exercise Class 10:30 am <b>BINGO with Kinship 12:30 pm</b>  Chicken and Stuffing Casserole Green Beans Mandarin Oranges	
<b>23</b> Coffee 8:00-11:00am Yoga 9:00am Wii 9:00am  Potato Soup Turkey Sandwich Beets Bananas	<b>24</b>   <b>CENTER CLOSED</b>	<b>25</b>   <b>CENTER CLOSED</b>	<b>26</b> Coffee 8:00-11:00 am Pitch 1:00 pm  Chicken Chili Broccoli Salad Oranges Bread	<b>27</b> Coffee 8:00-11:00 am Yoga 9:00 am Video Exercise Class 10:30 am  Tuna Salad Sandwich Potato Salad Celery and Carrot Sticks Berry Salad	
<b>30</b> Coffee 8:00-11:00am <b>Blood Pressure Checks</b> by <b>Horisun Hospice</b> 8:30 am Yoga 9:00am Wii 9:00am <b>Angels Care: Cold/Flu/ Covid - Know the Symptoms 12:30 pm</b>  Fried Chicken Mashed w/ Gravy Green Bean Casserole Fruit	<b>31</b> Coffee 8:00-11:00 am NO Tai Chi 10:30 am Pitch 1:00 pm  Cheese and Veggie Pizza Tossed Salad Garlic Bread Fruit				Alan Minchow 12/2 Pam Slama 12/4 Karen Hoffman 12/6 Virginia Troyer 12/6 Patrick Walsh 12/6 Eugene Gausman 12/7 Vi Stutzman 12/10 Sue Stutzman 12/11 Elna Lambert 12/12  Mike Wiese 12/13 Luluana Ford 12/14 Joni Rosenthal 12/14 Linda Nelson 12/15 Faye Houk 12/16 Dwaine Fosler 12/17 Paula Young 12/20 Ron Burianek 12/21 Kathy Wesely 12/21

# JANUARY 2025 ACTIVITIES & CONGREGATE AND DELIVERY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>The City of Milford observes following holidays: The Center is closed on these days. <b>New Year's Day</b> - Memorial Day - Independence Day - Labor Day - Veteran's Day - Thanksgiving Day - Black Friday - Christmas Eve - Christmas Day</p>	<p><b>1</b></p>  <p><b>CENTER CLOSED!</b></p>	<p><b>2</b> Coffee 8:00-11:00 am <b>Board Meeting 12:30 pm</b> Pitch 1:00 pm <b>Pitch 7:00 pm</b></p> <p>Ravioli Casserole w/ zucchini Garlic Stick Jello with Fruit</p>	<p><b>3</b> Coffee 8:00-11:00 am Yoga 9:00 am <b>Creating with Mike 10 am</b> Video Exercise Class 10:30 am <b>Movie with Wes: 12 Angry Men 12:30 pm</b></p> <p>Chicken Strips Baked Potato Broccoli Salad Fruit</p>
<p><b>6</b> Coffee 8:00-11:00 am Yoga 9:00 am Wii 9:00 am <b>Gift Exchange 10 am</b> <b>QPR Suicide Prevention Education Seminar 12:30 - 2:00 pm</b></p> <p>Chicken Salad Sandwich Chips Baked Beans Fruit</p>	<p><b>7</b> Coffee 8:00-11:00am <b>Un-Decorating The Center 9:30 pm</b> Tai Chi 10:30am Pitch 1:00pm</p> <p>Broccoli Quiche Blueberry Muffins Fresh Fruit Salad</p>	<p><b>8</b> <b>Daylight Donuts 7 - 10 am</b> Coffee 8:00-11:00am Yoga 9:00am <b>NO Exercise Bands 10:30 am</b></p> <p><b>BAKED POTATO FUNDRAISER 11 am - 1 pm</b></p>	<p><b>9</b> Coffee 8:00-11:00 am Pitch 1:00 pm</p> <p>Sloppy Joes Apple Cole Slaw Mandarin Oranges</p>	<p><b>10</b> Coffee 8:00-11:00 am Yoga 9:00 am Video Exercise Class 10:30 am</p> <p>Cheese or Pepperoni Pizza Tossed Salad Garlic Bread Fruit</p>
<p><b>13</b> Coffee 8:00-11:00 am Yoga 9:00 am Wii 9:00 am <b>Aerial America 12:30 pm</b></p> <p><b>Brunch with Greene 11:30 am</b></p>	<p><b>14</b> Coffee 8:00-11:00am Tai Chi 10:30am <b>Craft with Carla from Kinship 12:30 pm</b> Pitch 1:00pm</p> <p>Meatloaf Scalloped Potatoes Green Beans Fruit</p>	<p><b>15</b> Coffee 8:00-11:00am Yoga 9:00am Exercise Bands 10:30 am <b>Angels Care: Keeping Your Senses Sharp 12:30 pm</b></p> <p>Baked Pork Chops Salad Casserole Baked Potatoes Fruit</p>	<p><b>16</b> Coffee 8:00-11:00 am Pitch 1:00 pm</p> <p>Baked Chicken Rice Carrots Fruit</p>	<p><b>17</b> Coffee 8:00-11:00 am Yoga 9:00 am Video Exercise Class 10:30 am</p> <p>Tuna Salad Sandwich Chips Apples</p>

# JANUARY 2025 ACTIVITIES & CONGREGATE AND DELIVERY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>20 Coffee 8:00-11:00 am Yoga 9:00 am Wii 9:00 am</p> <p>Tator Tot Casserole Pea Salad Fruit</p>	<p>21 Coffee 8:00-11:00am Tai Chi 10:30am Pitch 1:00pm</p> <p>Sloppy Joe Mashed Potato w/ Gravy Green Beans Fruit Dessert</p>	<p>22 Coffee 8:00-11:00am Yoga 9:00am Exercise Bands 10:30 am</p> <p><b>BIRTHDAY MEAL 11:45 am</b> Roast Beef Potatoes Gravy, Corn, Roll, Cupcakes <b>Entertainment Joseph Hall, Elvis Impersonator 12:45 pm</b></p>	<p>23 Coffee 8:00-11:00 am <b>B-I-N-G-O with Kinship 12:30 pm</b> Pitch 1:00 pm</p> <p>Runza Bake Baked Potato Broccoli Fruit Dessert</p>	<p>24 Coffee 8:00-11:00 am Yoga 9:00 am Video Exercise Class 10:30 am</p> <p>Chicken Alfredo Noodles Cali Blend Veg Fruit</p>
<p>27 Coffee 8:00-11:00 am <b>Blood Pressure Checks by HoriSun Hospice 8:30 am</b> Yoga 9:00 am Wii 9:00 am <b>CPR Class with Greene 12:30 - 4:30 pm</b> Lasagna Garlic Bread Fruit Dessert</p>	<p>28 Coffee 8:00-11:00am Tai Chi 10:30am Pitch 1:00pm</p> <p>Chicken Fried Steak Mashed Potato w/ Gravy Corn Fruit</p>	<p>29 Coffee 8:00-11:00am Yoga 9:00am Exercise Bands 10:30 am</p> <p>Pulled Pork Sandwich Baked Potato Green Beans Fruit</p>	<p>30 Coffee 8:00-11:00 am Aerial America 12:30 pm Pitch 1:00 pm</p> <p>BBQ Pork Riblet Diced Potato Broccoli Fruit Dessert</p>	<p>31 Coffee 8:00-11:00 am Yoga 9:00 am Video Exercise Class 10:30 am</p> <p>Spaghetti with Meat Sauce Garlic Bread Cali Blend Fruit</p>
<div style="text-align: center;">  <p>HAPPY BIRTHDAY!</p> </div>				
<p>Tony Brown 1/4 Matthew Young 1/5 Chris Henkins 1/6 Joyce Daake 1/9 Grant Schlotman 1/10 Jeannine Henrichs 1/13 Karen Mundhenke 1/15 Dale Daake 1/16</p> <p>Jim Eberly 1/17 Roger Schreiner 1/17 Phyllis Koch 1/19 Larry TeSelle 1/20 Mary Roth 1/21 Charlene TeSelle 1/22 Jim Barker 1/25</p>				
<p><b>*Milk is always available upon request*</b></p> <p><b>Menu is subject to change without notice.</b></p>				

# WHAT'S GOING ON AT THE CENTER IN DECEMBER & JANUARY?

## WHITE ELEPHANT GIFT EXCHANGE

We had an EPIPHANY....our cup and calendar ran over in December so we're having a gift exchange on **Monday, January 6 at 10:00 am.**

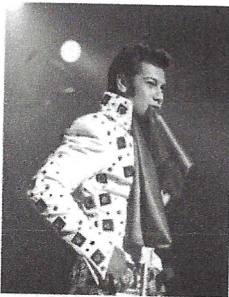
It's a white elephant/re-gift something you got but don't need or want gift exchange.

Sign up for lunch and stay for the QPR seminar following lunch. See below for details.

## QPR QUESTION – PERSUADE – REFER

Three steps anyone can learn to help in the world of suicide prevention. The Center will host a **90 minute seminar on January 6, 2025 beginning at 12:30 pm** regarding this important topic. All material will be provided, and this is of no cost to those who attend. Please sign up at the center to attend. This, as are all, presentation is open to the public. Sign up by **Tuesday, December 31.**

## JANUARY BIRTHDAY MEAL ENTERTAINMENT BY ELVIS TRIBUTE ARTIST JOSEPH HALL



The January Birthday Meal is **Wednesday, January 22 at 11:45 am.** The entertainment will be **Elvis Tribute Artist Joseph Hall at 12:45 pm.** It is appropriate to have him since Elvis had a January birthday!

The meal is catered by Pizza Kitchen consisting of Roast Beef,

Potatoes, Gravy, Corn, and Roll. Cupcakes are supplied by Sweet Canvas Cakes. If you cannot make it for lunch, you are welcome to come for only the entertainment! But really, where can you get a meal like that for only \$8.00?! **Make your meal reservation by Tuesday, January 21 at 2 pm.** Everyone is welcome!

## BAKED POTATO FUNDRAISER!

The **Baked Potato Fundraiser** returns **Wednesday, January 8 from 11 am - 1 pm.**

Sign-up sheets to volunteer will be available mid-December.

The fundraisers do not happen without volunteers! Please sign up to help.



## ANGELS CARE PRESENTATIONS

Angels Care presents *Cold/Flu/Covid – Know the Symptoms* on **Monday, December 30 at 12:30 pm.** They join us again on **Wednesday, January 15 at 12:30 pm** to present *Keeping Your Senses Sharp.* Come for lunch, stay for the presentation!

## CPR CERTIFICATION CLASS

Greene, from Seward, is providing a CPR certification class on **Monday, January 27**

**from 12:30 pm to 4:30 pm** for

those wanting to become certified. Those who only need to be *recertified* attend only 2 hours.

Sign up at The Center **Wednesday, January 22.**



## MUSIC BY THAD MEYER

Thad Meyer will bring his accordion expertise and music to The Center on **Wednesday, December 18 at 12:30 pm.** Have lunch, stay for the music!

## CRAFTING, CREATING, AND GAMES

Rae Dixon, from Tabitha, will be at The Center for a fun **Holiday Game** on December 3 at 12:30 pm.

**Create with Mike** on Thursday, December 5 at 10:30 am. He will have several things you can choose to create. Make snowflakes on Friday, December 3 at 10 am.

**Crafting with Carla** from Kinship on Tuesday, December 10 and January 14 at 12:30 pm.

**Christmas Centerpieces** with Kathy R. on Thursday, December 12 at 12:30 pm.

We will be closed the following holiday dates:  
December 24, December 25, and January 1.



**CHECK OUT OUR FACEBOOK PAGE  
FOR UPDATES TO MENUS OR  
ACTIVITIES  
Milford Senior Center**

**Milford Senior Center**

105 S. B Street  
PO Box 374  
Milford, NE 68405  
402-761-3367

MilfordNESeniorCenter@gmail.com



Hours: Monday - Friday 8 am - 3 pm  
Like and Follow us on Facebook at  
Milford Senior Center

**Mystique Lauer, Manager**

**Senior Center Board Members**

Marian Eicher, Chairperson      Diane Kemper  
Joyce Daake                              Kelly Haney  
Mary Wiese                                City Council Liaison - TBD

**The next Senior Center Board meeting is  
Thursday, January 2, at 12:30 pm  
at the Senior Center.**

ADDRESS  
PLACE

POSTAGE

Milford Senior Center  
105 South B Street  
PO Box 374  
Milford, NE 68405