# **Milford Senior Connections**

## CELEBRATING NOVEMBER BIRTHDAYS!

The NOVEMBER Birthday Meal will be held on **Wednesday, November 20, 2024**; we will begin serving the meal at 11:45 am and **Leo Lonnie will provide entertainment beginning at 12:45 pm**. Leo Lonnie provides a "Musical treat for dancing feet". Check him out at: <u>https://www.leolonnie.com/</u> Our meal will be Broasted Chicken, Mashed Potato/Gravy, Corn, Roll/Butter, and a dinner roll with butter catered by Pizza Kitchen and birthday cake from Sweet Canvas Cakes and Treats!

Please make your reservation by Tuesday, November 19 at 2 pm.

## **MEAL DELIVERY**

After October 31, 2024, The Center will no longer be delivering meals. This will be continually assessed regarding need and viability. The Center WILL continue to provide congregant meals at the center and take-out options for lunch.

## JIGSAW PUZZLE COMPETITION!

Only 3 team openings still available as of October 22 Monday, November 4, the Milford Senior Center and Webermeier Memorial Library are partnering to bring you an evening of fun with an exciting Jigsaw Puzzle Tournament Community Event. Teams will race to complete a puzzle to win prizes.

Pizza is provided to the teams at 5:30 pm. The competition starts at 6:00 pm with each table's puzzle being the exact same design. Register your team of up to 4 people for only \$40.00 per team (payable by Wednesday, October 30 at the library or Senior Center. Register by finding the link at wmlmilford.org , or the Milford Senior Center Facebook page, or turn in the registration form on the back of the newsletter to The Center or the library by Wednesday, October 30 with your payment. All ages welcome, with one adult minimum per team. Tables are limited so sign up early! The event will take place at the Milford Senior Center.

# **CRAFTING WITH CARLA**

**Tuesday, November 12 at 12:30 pm**, Carla from Kinship will be teaching us how to make pipe cleaner Christmas Trees. Please sign up at



The Center so enough supplies can be available. If you like to craft, or just want to try something new, please come join

us! You can always leave your craft to be used to decorate The Center.

# VENTRILOQUIST & ENTERTAINER

This is fantastic! We're having entertainment on a day other than the birthday meal! We hope to see you at The Center!

Roger Fisher, a ventriloquist, and entertainer from Lincoln, will be at The Center at **12:30 pm on Friday**, **November 22.** 

Join us for some fun on an American Adventure, with songs from Westerns; he'll also bring his beloved therapy dog, Tanner.

## **THANK YOU**

The Milford Senior Center was blessed when the generosity of Milford Friends of the Senior Center overflowed and FOSC donated a large sum of money to be used to enhance the programming at The Center. The Milford Senior Center looks forward to 2025 and to providing quality programming for our community. We thank the Milford Friends of the Senior Center for their generous contribution!

### **CREATING WITH MIKE!**



Mike Wiese is going to lead another day of creativity on **Friday, November 1 at 12:30 pm**. We will be using stencils to create an 8x8" picture for Thanksgiving. You can take it home to decorate your own home, or you can leave it to decorate The Center. Come join the fun!



## **AERIAL AMERICA**

Two more options of Aerial America will be shown in October. Come in and sit a spell to view one of the Aerial America showings.

Greene will be here on **Thursday, November 7 at 9:00 am** to show Aerial America's "Nebraska". Greene returns **Tuesday, November 19 at 12:30 pm** when you can view Aerial America's "Man Made Marvels".



## DAYLIGHT DONUTS AT THE WAY STATION

Don't forget the donuts!! Daylight Donuts at the Way Station will be in the driveway **Wednesday**, **November 13** beginning at 7:00 am and here until they see out or 10:00 am . . . whichever occurs first. Don't forget that The Center opens at 7:00 am on donut days so you can come on in and enjoy your donuts and have some coffee and conversation, too. Pre-orders are welcome via email at DaylightYork@gmail.com.



# KIOSK

THANK YOU to everyone that has been checking in on the Kiosk. Being able to accurately show how many people utilize The Center shows those that provide funding that we are an active and vibrant center. Remember, you can log in more than once if you forget to select an activity or if you decide to stay and do additional activities. ALL activities you participate in need to have a checkmark to be counted.

Event updates will be emailed or posted on Facebook. Stay current with the events by liking our Facebook page Milford Senior Center.



# **MEALS AT THE CENTER**

Please NOTE: The price of daily meals has increased. If you are 60 years old or older the price of a lunch is now \$8.00. For those who are younger than 60 years of age the price has increased to \$9.00. Meal tickets are an easy way to pay for meals; you can purchase as many meals at a time as you'd like. For example, if you'd like to purchase 20 tickets, and you're 60 and over, you can send, or bring in, \$160.00 and Mystii will keep the meal tickets for you to use when you have a meal. Remember to call in by 2:00 pm the day before you'd like to reserve a meal, or come up to The Center to sign up for a meal in the notebook placed next to the Kiosk.

GENTLE REMINDER: if you have reserved a meal and for whatever reason are not able to make it that day, please find someone who might want to take your place. If you can't then you are responsible for paying for the meal.

November	2024 ACTI	VITIES & CONGF	November 2024 ACTIVITIES & CONGREGATE AND DELIVERY MENU	LIVERY MENU
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu is subject to change without notice. *Milk and Whole Wheat Dinner Rolls available upon request*	The C Vetera	The City of Milford observes the holidays listed below. <b>The Center is closed on these days.</b> New Year's Day - Memorial Day - Independence Day - Labor Day - <b>Independence Day - Labor Day -</b> <b>Veteran's Day - Thanksgiving Day - Black Friday</b> Christmas Eve - Christmas Day	ays listed below. <b>se days.</b> Day - Day - - <b>Black Friday</b> - Day	<ol> <li>Coffee 8 - 11 am Yoga 9:00 am Video Exercise Class 10:30 am Creating with Mike 12:30 pm Chicken Fried Steak Mashed Potato and Gravy Green Beans Fruit</li> </ol>
<ul> <li>4 Coffee 8 - 11 am Yoga 9:00 am Wii 9:00 am Living Well with Chronic Illness 12:30 - 3:00 pm Puzzle Competition Arrive 5:30 pm; Competition 6 pm Sloppy Joe Mashed Potato/Gravy Cali Blend Vegetable</li> </ul>	<ul> <li>5 Coffee 8 - 11 am Tai Chi 10:30 am Pitch 1:00 pm</li> <li>Smoked Roast Beef Roasted Potato Peas</li> </ul>	<ul> <li>6 Coffee 7 - 11 am Yoga 9 am Resistance Bands 10:30 am B-I-N-G-O 12:45 pm B-I-N-G-O 12:45 pm Coasted Pork Loin Scalloped Potatoes Green Beans</li> </ul>	<ul> <li>7 Coffee 8 - 11 am</li> <li>Aerial America: Nebraska 9 am</li> <li>Board Meeting 12:30 pm</li> <li>Pitch 1:00 pm</li> <li>Pitch 7:00 pm</li> <li>Runza Bake</li> <li>Baked Potato</li> <li>Corn</li> </ul>	<ul> <li>8 Coffee 8 - 11 am</li> <li>NO Yoga today!</li> <li>Video Exercise Class 10:30 am</li> <li>Friday Movie with Wes:</li> <li>Plymouth Adventure 12:30 pm</li> <li>Chicken Alfredo</li> <li>Noodles</li> <li>Mixed Vegetables</li> </ul>
Fruit Dessert	Fruit	Fruit Dessert	Fruit	Fruit
11 Veteran's Day	<ul> <li>12 Coffee 8 - 11 am Tai Chi 10:30 am Craft: Pipe Cleaner Christmas Tree w/ Carla 12:30 pm Pitch 1:00 pm</li> </ul>	<ul> <li>13 Daylight Donuts 7 - 10 am Coffee 7 - 11 am Yoga 9 am Resistance Bands 10:30 am Nutrition Ed with Aging Partners: Healthy Eating During the Holidays 12:30 pm</li> </ul>	<b>14</b> Coffee 8 - 11 am Pitch 1:00 pm	<ul> <li>L5 Coffee 8 - 11 am</li> <li>Yoga 9:00 am</li> <li>Video Exercise Class 10:30 am</li> </ul>
The Center is Closed	Spaghetti w/ Meatballs Garlic Bread Peas Fruit	Pulled Pork Sandwich Baked Potato Mixed Vegetable Fruit	BBQ Pork Riblet Sandwich Diced Potato Broccoli Fruit	Brunch with Kinship 11:30 am

LIVERY MENU	FRIDAY	<ul> <li>22 Coffee 8 - 11 am Yoga 9:00 am Video Exercise Class 10:30 am Ventriloquist/Entertainer Roger Fisher 12:30 pm</li> <li>Brunch w/Greene 11:30 am</li> </ul>	29 The Center is CLOSED	
& CONGREGATE AND DELIVERY MENU	THURSDAY	<ul> <li>21 Coffee 8 - 11 am</li> <li>Angels Care Presentation:</li> <li>Stress (What's Your</li> <li>Stressor) 12:30 pm</li> <li>Pitch 1:00 pm</li> <li>Pitch 1:00 pm</li> <li>Ralisbury Steak</li> <li>Mashed Potatoes/Gravy</li> <li>Cali Blend</li> <li>Fruit</li> <li>Dessert</li> </ul>	28 Officient of the officient of the off	Susan Burkey 15 Sandra Ruether 15 Paula Huggins 16 Joyce Stutzman 17 Lonnie Pohlman 19 Wesley Sterling 20 Ethel Svoboda 21
	WEDNESDAY	<ul> <li>20 Coffee 8 - 11 am Yoga 9 am Resistance Bands 10:30 am BIRTHDAY MEAL 11:45 am Broasted Chicken Mashed Potato/Gravy Corn Roll/Butter Birthday Cake NO DELIVERY</li> <li>Entertainment 12:45 pm Leo Lonnie</li> </ul>	<ul> <li>27 Coffee 8 - 11am Yoga 9 am Resistance Bands 10:30 am Potato Soup Chili Soup Chili Soup Crusty Bread Jello w/Fruit Veggies w/Dip</li> </ul>	Russ Roth 2 Mark Soneson 2 Janet Newton 5 Jeanine Soneson 8 Marsha Vernon 9 Dale McGonigle 10 Lana Carter 12 Susie Huber 14
November 2024 ACTIVITIES	TUESDAY	<ul> <li>19 Coffee 8 - 11 am Tai Chi 10:30 am Aerial America: Man Made Marvels 12:30 pm Pitch 1:00 pm Lasagna Garlic Bread Green Beans Fruit</li> </ul>	<ul> <li>26 Coffee 8 - 11 am Tai Chi 10:30 am Bingo w/Kinship 12:30 pm Pitch 1:00 pm</li> <li>Spaghetti w/Meatballs Garlic Bread Peas Fruit Dessert</li> </ul>	IO ALL THOSE BORN IN NOVEMBER Haggy Birchday
November 2	MONDAY	<ul> <li>18 Coffee 8:00-11:00 am Yoga 9:00 am Wii 9:00 am Living Well w/ Chronic Illness 12:30 – 3:00 pm Chicken Rice Casserole Capri Blend Veg Fruit Dessert</li> </ul>	<ul> <li>25 Coffee 8:00-11:00 am</li> <li>Blood Pressure Checks with HoriSun Hospice</li> <li>Yoga 9:00 am</li> <li>Wii 9:00 am</li> <li>Wii 9:00 am</li> <li>Living Well w/ Chronic</li> <li>Illness 12:30 – 3:00 pm</li> <li>Meatloaf</li> <li>Diced Potatoes</li> <li>Green Beans</li> <li>Fruit</li> </ul>	

# SAVE THESE DECEMBER DATES!

## **PRE-CHRISTMAS DINNER**

Please mark your December calendar NOW for the 2<sup>nd</sup> annual Pre-Christmas Dinner on TUESDAY, December 17, 2024 beginning at 11:30 am! Yes, Diane and Tom invite you all and will donate the turkey, dressing, mashed potatoes, gravy, roll/butter and the home-made rosettes! There will also be a potluck to provide other side dishes. Sign-up sheets will be ready the beginning of December to sign up for dinner and to sign up to bring something for the pot luck. Entertainment will begin at 12:30 pm with Dan Reynolds, a Neil Diamond vocal impressionist. Find information about him at <u>https://www.kingofdiamondstribute.com/</u> Mark your calendar NOW!

## **GIFT WRAPPING**

The Center will be offering gift wrapping (free-will donation) again in December. The dates are: Saturday, December 7, 3:30 - 6 pm and Tuesday, December 17, 2 - 6 pm. More details in the December

newsletter.



## DECEMBER BIRTHDAY MEAL

To celebrate December birthdays the Birthday Meal will be on **THURSDAY, December 19, 2024 at 11:45 am**. Pizza Kitchen will provide us with broasted chicken, mashed potatoes and gravy, corn, a roll and butter. Our cake will be delicious and will be from Sweet Canvas Cakes and Treats! **Music Bingo will be revving up at 12:30 pm**.

## **GIFT EXCHANGE**

This year we're doing something different for the gift exchange. December is such a busy month, we thought we would extend the fun and have our white elephant gift exchange on Monday, January 6, 2025. Stay tuned for more information!

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# **PUZZLE CONTEST REGISTRATION**

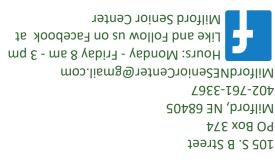
Deadline for registration is Wednesday, October 30.

Please return this form with payment (Make checks out to Milford Senior Center)

### to Webermeier Memorial Library or the Senior Center

TEAM NAME					
TEAM MEMBERS	1			2	
	3			4	
	Competitio	on will be at th	e Milford Senior	Center on Nover	mber 4, 2024
Pizza (one per table	, circle one)	CHEESE	PEPPERONI	BEEF	
\$40 PER TEAM - All	ages welcome	e, with at least	one adult per tab	le.	
• Pizza served at 5	5:30 pm. Puzz	le competition	begins at 6:00 p	n.	
• Every team will	be given the s	ame puzzle.			
• No one will see	the puzzle unt	il the timer be	gins.		
• There will be a t	ime limit for t	he competitior	۱.		
• There will be pri	zes.				Scan QR Code to register
enter.	the Senior Co	te mq 0E:SL te	aison - Kelli Kieb, <b>Vovember 7</b> ,		he next Senior Center Board m
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			soard Members	Senior Center	

Mystique Lauer, Manager



#### Milford Senior Center



POSTAGE