

SEPTEMBER EVENTS AT THE CENTER

SEPTEMBER
2024



Milford Senior Center

Milford Senior Connections

SUCCESSFUL FUN DAYS!

Another Fun Days Potato Bake is in the books! The support from our community was wonderful and it was great to see everyone! We, at the Senior Center, know that our success would not be possible without folks who support us in many different ways. From brainstorming ways to meet the needs of our community, set up, serving, providing delicious treats, greeting folks as they enter our center, monetary donations, and so many other behind the scenes tasks...YOU make it possible and for YOU we are tremendously grateful.

MEALS AT THE CENTER

Please NOTE: The price of daily meals has increased. If you are 60 years old or older the price of a lunch is now \$8.00. For those who are younger than 60 years of age the price has increased to \$9.00. Meal tickets are an easy way to pay for meals; you can purchase as many meals at a time as you'd like. For example, if you'd like to purchase 20 tickets, and you're 60 and over, you can send, or bring in, \$160.00 and Mystii will keep the meal tickets for you to use when you have a meal. Don't forget to call in by 2:00 pm the day before you'd like to reserve a meal, or come up to The Center to sign up for a meal in the notebook placed next to the Kiosk.

GENTLE REMINDER: if you have reserved a meal and for whatever reason are not able to make it that day, please find someone who might want to take your place. If you can't then you are responsible for paying for the meal.

CELEBRATING SEPTEMBER BIRTHDAYS!

Join us as we celebrate those with birthdays in September! The birthday meal will be on **September 25, 2024 at 11:45 am**. Our meal, from Pizza Kitchen, will be ham balls, scalloped potatoes, carrots, and a dinner roll. We will also be enjoying a birthday cake from Sweet Canvas Cakes and Treats! **Entertaining us will be Joe Taylor: Mr. Memories at 12:45 pm.** "Joe IS Mr. Memories and is an experienced and professional singer - songwriter - entertainer who has been performing for audiences across Mid-America and beyond for over 30 years. He has performed over 5,000 + shows for Merrymakers. His show of songs and stories will entertain you and your guests and leave them with unforgettable memories." Quoted from mrmemories.com.

FOUR CORNERS - NARCAN PRESENTATION

The presentation on NARCAN has, unfortunately, had to be rescheduled a few times. However, we're excited that Four Corners will be able to join us on **September 23 at 12:30 pm**. Narcan (naloxone) is an over-the-counter (OTC) drug used to treat known or possible opioid overdose.

This is important information and the presentation is open to **EVERYONE!**

SEPTEMBER FUNDRAISER



The Fundraiser for September will occur on **September 11 from 11:00 am to 1:00 pm**. We will be serving pasta with sauce, garlic bread, salad bar, dessert, and a drink for \$10.00.

EVERYONE IS WELCOME. You are also welcome to come get a meal to go!

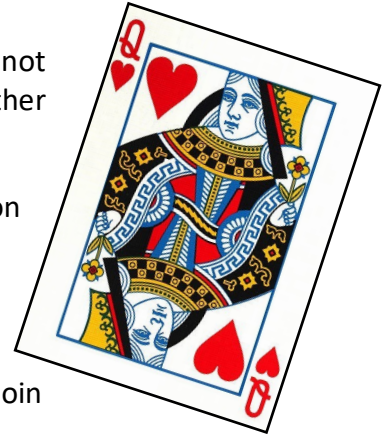


EVENING PITCH!

Here's the **DEAL**. We are taking the **LEAD** and not going to **PASS** up the opportunity to have another chance to play some **PITCH!**

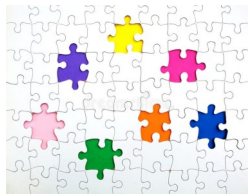
We **SET** the date and the next game will be on **THURSDAY, SEPTEMBER 5 at 7 pm**

Don't be a **JOKER!**
SHUFFLE on in and play a few games!
Now take the **LEAD** and invite your friends to join you for an evening of fun!



JOINT FUNDRAISER WITH WEBERMEIER LIBRARY

We are still putting the pieces in place for a **JOINT** fundraiser in October to benefit both The Center AND The Webermeier Library! Do you like to put puzzles together and enjoy an added challenge of working with a team...under a time constraint? Well, this might be right up your alley! Stay tuned for details!



KIOSK

THANK YOU to everyone that has been checking in on the Kiosk. Being able to accurately show how many people utilize The Center shows those that provide funding that we are an active and vibrant center. Remember, you can log in more than once if you forget to select an activity or if you decide to stay and do additional activities. ALL activities you participate in need to have a checkmark to be counted.

THANK YOU TO . . .

We greatly appreciate Ron Oswald's attention to detail and taking care of some issues we've had with various lights! He has been so helpful by fixing the light switch in the stairwell, the light in the refrigerator, and replacing lights in the building.

We've had such a great turn out for birthday meals and other functions where we ran out of our good plates! Joyce Daake located and donated more plates to add to our stash; **THANK YOU!**

Wes Sterling not only donated an indoor digital antenna – he also installed it for us! Wes also donated a Blu-ray to The Center. Thanks to Wes for his generosity!


George Matzen is helping to address some issues we've had with the sound system at The Center; we are excited to see how his knowledge and resourcefulness will assist in providing the best quality options to meet the needs of those who are hearing impaired and to provide a better listening experience for all of us! We're thankful George is so skilled and willing to help!

Mystique Lauer, Manager **Senior Center Board Members**


Marian Eicher, Chairperson; Kelly Haney, Secretary; Joyce Daake; Diane Kemper; Mary Wiese
City Council Liaison - Kelli Kieb

The next Senior Center Board meeting is Thursday, September 5, at 12:30 pm at the Senior Center.

SEPTEMBER 2024 ACTIVITIES & CONGREGATE AND DELIVERY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>CENTER CLOSED</p> 	<p>3</p> <p>Coffee 8 - 11am Tai Chi 10:30 am Pitch 1:00 pm</p> <p>Runza Bake Roasted Potato Broccoli Fruit</p>	<p>4</p> <p>Coffee 8 - 11am Yoga 9:00 am Resistance Bands 10:30 am Bingo 12:45 pm</p> <p>Carved Corn Beef Cheesy Potatoes Cabbage and Carrots Fruit Dessert</p>	<p>5</p> <p>Coffee 8 - 11 am Aerial America: On the Water 9:00 am BOARD MEETING 12:30 pm Pitch 1:00 pm Pitch 7:00 pm</p> <p>Salisbury Steak Mashed Potatoes/Gravy Capri Veg Fruit</p>	<p>6</p> <p>Coffee 8 - 11am Yoga 9:00 am Video Exercise Class 10:30 am Classic Movie with Wes at 12:30 pm "Stagecoach" starring John Wayne</p> <p>Chicken Alfredo Noodles Mixed Vegetables Fruit</p>
<p>9</p> <p>Coffee 8 - 11am Yoga 9:00 am Wii 9:00 am Puzzle Piece Pumpkins 12:30 pm</p> <p>Italian Sausage Meatloaf Parmesan Potatoes Cali Blend Vegetable Fruit</p>	<p>10</p> <p>Coffee 8 - 11am Tai Chi 10:30 am Pitch 1:00 pm</p> <p>Chicken Cordon Blue Rice Peas Fresh Fruit</p>	<p>11</p> <p>Daylight Donuts at the Way Station 7 - 10 am Coffee 8 - 11am Yoga 9:00 am Resistance Bands 10:30 am</p> <p>FUNDRAISER NO DELIVERY Pasta with Sauce Salads Garlic Bread Dessert</p>	<p>12</p> <p>Coffee 8 - 11 am Candy Corn Craft with Carla from Kinship 12:30 pm Pitch 1:00 pm</p> <p>Italian Roasted Chicken Roasted Potatoes Corn Fruit</p>	<p>13</p> <p>Coffee 8 - 11am Yoga 9:00 am Video Exercise Class 10:30 am</p> <p>Chicken Fried Steak Mashed Potatoes/Gravy Capri Blend Vegetable Fruit</p>
<p>16</p> <p>Coffee 8 - 11am Yoga 9:00 am Wii 9:00 am Lunch w/Greene 12 pm Aerial America: Roadside Attractions 12:30 pm</p>	<p>17</p> <p>Coffee 8 - 11am Tai Chi 10:30 am Pitch 1:00 pm</p> <p>Roast Beef Roasted Potatoes Cali Blend Vegetable Fruit</p>	<p>18</p> <p>Coffee 8 - 11am Yoga 9:00 am Resistance Bands 10:30 am Nutrition Education: Nutrition BINGO 12:30 pm</p> <p>Smothered Pork Loin Scalloped Potatoes Corn Fruit</p>	<p>19</p> <p>Coffee 8 - 11 am Brunch by Kinship 11:30 am Pitch 1:00 pm</p>	<p>20</p> <p>Coffee 8 - 11am Yoga 9:00 am Video Exercise Class 10:30 am</p> <p>Grilled Chicken Rice Peas Fresh Fruit</p>

SEPTEMBER 2024 ACTIVITIES & CONGREGATE AND DELIVERY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
23 Coffee 8 - 11am Yoga 9:00 am Wii 9:00 am Four Corners—Narcant presentation 12:30 pm BBQ Meatloaf Jo Jo Potatoes Peas and Carrots Fruit	24 Coffee 8 - 11am Tai Chi 10:30 am Pitch 1:00 pm Pulled Pork Sandwich Roasted Potato Green Beans Fruit	25 Coffee 8 - 11am Yoga 9:00 am Resistance Bands 10:30 am BIRTHDAY MEAL 11:45 am NO DELIVERY Ham Balls, Scalloped Potatoes Carrots Dinner Roll Entertainment by Joe Taylor 12:45 pm	26 Coffee 8 - 11 am Pitch 1:00 pm Bingo with Kinship 12:30 pm Chicken Fried Chicken Mashed Potatoes/Gravy Cali Blend Vegetable Fruit	27 Coffee 8 - 11am Yoga 9:00 am Video Exercise Class 10:30 am BBQ Riblet Sandwich Rice Corn Fresh Fruit	
30 Coffee 8 - 11am Blood Pressure Check 8:30 am Yoga 9:00 am Wii 9:00 am Bacon Wrapped Meatloaf Mashed w/ Gravy Green Beans Fruit Angels Care Presents: Anxiety and Depression 12:30 pm					
<p>The City of Milford observes the holidays listed below.</p> <p>The Center is closed on these days.</p> <p>New Year's Day - Memorial Day - Independence Day - Labor Day - Veteran's Day - Thanksgiving Day - Black Friday - Christmas Eve - Christmas Day</p>					
					
<table border="1"> <tr> <td> Menu is subject to change without notice. *Milk and Whole Wheat Dinner Rolls available upon request* </td> </tr> </table>					Menu is subject to change without notice. *Milk and Whole Wheat Dinner Rolls available upon request*
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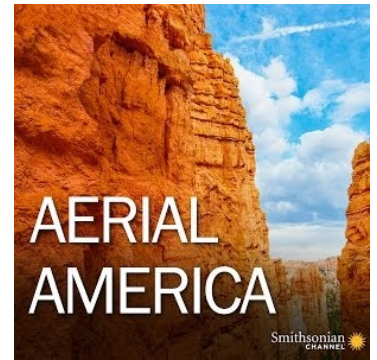
Joanne TeSelle	9/2	Sharon Grutsch	9/17
Lois Upton	9/3	Jan Bell	9/18
Jerre Bontrager	9/4	Debra McGowen	9/19
Ron Piening	9/7	Mary Wiese	9/19
Herb Greenwade	9/9	Linda Stutzman	9/21
Cheryl Hostetler	9/9	Ella Demaray	9/24
Anna Mae Roth	9/11	Mike Moritz	9/25
Peg Burkey	9/15	Jeff Rownd	9/25
Coral Eberspacher	9/15	Jan Fischer	9/30
Judith Barton	9/16		

AERIAL AMERICA

Need a break from the heat and humidity, blustery winds, or rain, or snow (it's Nebraska, so we just never know about the weather) then come in and sit a spell to view one of the Aerial America showings.

Greene will return on **September 5 at 9:00 am** to show Aerial America's "On the Water - an aerial tour of America's waterways, dams, wetlands, and canals."

If you're more of a land lover we've got you covered when Terry, from Greene, returns on **September 16 at 12:30 pm** when you can view Aerial America's "Roadside Attractions - soaring tour of America's favorite routes, country lanes, and long highways on a coast-to-coast excursion".



PUZZLE PIECE PUMPKINS

We'll be getting the glue out on **Monday, September 9 at 12:30 pm** to paste parentless puzzle pieces to produce portrayals of pumpkins. (ahhhh, alliteration).



DAYLIGHT DONUTS

Daylight Donuts trailer will be parked in the driveway at The Center on **Wednesday, September 11**

from 7 – 10 am (or until sold out).

Pre-orders are welcome via email at DaylightYork@gmail.com.



CANDY CORN CRAFT

Get into the spirit of Autumn by crafting with us on **Thursday, September 12 at 12:30 pm** as Carla from Kinship congregates with us to make a cute candy corn decoration.



ATTENTION!

If you would like to be removed from our mailing/email list, please contact The Center and we will get you removed. If you receive the newsletter in the mail and have an email that we can send it to instead, contact The Center and we will get it updated.

Q: Why did the pumpkin and the butternut squash get on so well?
A: They were gourd friends.

Q: Why did Humpty Dumpty love autumn?
A: Because Humpty Dumpty had a great fall.

Q: Why did no one laugh at the oak tree?
A: He kept telling acorn-y jokes

Mom: Autumn is better than summer.
Dad: Nope, that's a fall-acy.

Q: What is the cutest season?
A: Awwtumnn.



*September
national days
word search
Printable
from Always
the Holidays*

S G U A C Y A D T O I R T A P
T E R Y A D R E N N I D V T I
Y A H A D E Y A D Y L I M A F
A K I D T Y A D T C E P S E R
D Y N S W I D C H A I D A Y Y
R A O R B A T M A N D A Y A A
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P U A M T F N S D G A F A L E
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S C A R F D A Y K U R F I P Y

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|----------------|----------------|----------------|
| PATRIOT DAY | PEANUT DAY | VFW DAY |
| PROPOSAL DAY | GYRO DAY | RHINO DAY |
| GRATITUDE DAY | CHAI DAY | RESPECT DAY |
| DEAF DAY | SALAMI DAY | SKYSCRAPER DAY |
| BATMAN DAY | FAMILY DAY | TV DINNER DAY |
| SOBER DAY | GREENPEACE DAY | SUDOKU DAY |
| ALZHEIMERS DAY | SCARF DAY | COFFEE DAY |

MilfordNESeniorCenter@gmail.com
Hours: Monday - Friday 8 am - 4 pm
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Milford Senior Center



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Milford Senior Center



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