

Milford Senior Center, 105 South 'B' Street, Milford, NE 68405 - Phone: 402-761-3367

SEPTEMBER 2016 MENU

	Monday		Tuesday		Wednesday		Thursday		Friday
						1	Open Face Hamburger w/Gravy Mashed Potatoes Cream Style Corn Fruit Cobbler	2	Chicken Primavera w/penne Seasoned zucchini Whole wheat Bread Strawberries
5	Pork Roast/Sauerkraut Mashed Potatoes/Gravy Germany Blend Vegetables Whole Wheat Roll Fruit Cup	6	Beef Tips with Gravy Rice Seasoned Beets Whole Wheat Roll Fresh Fruit	7	HOT DISH AND SALAD BAR	8	BRUNCH AND BINGO	9	Roast Turkey Baked Potato Half Sour Cream Green Peas Whole Wheat Roll Strawberries
12	Garlic Parmesan Chicken Red Potatoes California Vegetables Whole Wheat Roll Citrus Salad w/pineapple	13	Hot Roast Beef Sand w/gravy Italian Cut Green Beans Sunshine Salad	14	HOT DISH AND SALAD BAR	15	Oven Fried Chicken Bacon Cheddar Potatoes Corn on the Cob Biscuit Strawberries	16	Free Meal Provided by Crestview AT LINDEN VILLAGE
19	Salisbury Steak Mashed Potatoes/Gravy Creamed Mixed Vegetables Whole Wheat Roll Fresh Fruit Salad	20	Barbecued Chicken Baked Potato Half Sour Cream Crmy Cauli/Brocc Salad Biscuit Banana Pudding	21	HOT DISH AND SALAD BAR	22	TO BE DECIDED	23	4 Pasta Bake Vegetable Homemade Bread Dessert Tea/Coffee/Water LINDEN VILLAGE
26	BIRTHDAY CELEBRATION Meat Loaf, Scalloped Potatoes, Baked Beans Roll, Cake	27	Roast Beef Au Gratin Potatoes Roasted Brussels Sprouts Whole Wheat Roll Citrus Salad w/Pineapple	28	HOT DISH AND SALAD BAR	29	Braised Swiss Steak Mashed Potatoes/Gravy Peas and Carrots Whole Wheat Bread Chilled Fruit Cut	30	Tuna Noodle Casserole Fresh Broccoli Salad Fruit Tea/Coffee/Water LINDEN VILLAGE