

Milford Senior Center, 105 South 'B' Street, Milford, NE 68405 - Phone: 402-761-3367

MENU DECEMBER 2016

	Monday		Tuesday		Wednesday	1	Thursday	2	Friday
							Glazed Meatloaf Mashed Potatoes/Gravy Seasoned Peas Whole Wheat Roll Peaches		Roasted Chicken Bacon Cheddar Potatoes Herbed Green Beans Whole Wheat Roll Baked Apple Slices
5	Baked Glazed Ham Potatoes O'Brien Broccoli Whole Wheat Bread Peaches	6	Chicken Fried Steak Mashed Potatoes/Gravy Country Cabbage Whole Wheat Bread Pound Cake w/Berries	7	HOT DISH and SALAD BAR	8	Brunch 11:00	9	Norwegian Fish Macaroni and Tomatoes Capri Blend Veggies Hushpuppies Sliced Strawberries
12	Hot Pork Sandwich Mashed Potatoes/Gravy Dill Carrots Poached Pears	13	Turkey & Noodle Casserole Green Beans Whole Wheat Bread Peach Cobbler	14	HOT DISH and SALAD BAR	15	Oven Fried Chicken Garlic Mashed Potatoes Cream Gravy Mixed Veggies Biscuit Fruit Mix	16	Italian Meat Sauce Spaghetti Mixed Green Salad Garlic Bread Pineapple Cubes
19	Birthday celebration	20	Chicken Fried Steak Mashed Potatoes Cream Gravy Mixed Veggies Biscuit Frosted Chocolate Cake	21	HOT DISH and SALAD BAR	22	Brown Sugar Glazed Ham Scalloped Potatoes Germany Blend Veggies Whole Wheat Bread Fruit Cocktail	23	Tuna Melt on Wheat Baby Bakers Creamed Peas Emerald Pears
26	Steak Tips w/mushrooms Oven Brownd Potatoes Baked Squash and onions Whole Wheat Bread Stewed Apples	27	Cornbread Coated Fish Whipped Sweet Potatoes Creamy Cole Slaw Whole Wheat Roll Fresh Banana	28	HOT DISH and SALAD BAR	29	Glazed Chicken Cheesy Broccoli Rice Whole Wheat Bread Pineapple	30	Chili With Cheese Mixed Green Salad Cinnamon Roll Fresh Apple Slices