

Milford Senior Center, 105 South 'B' Street, Milford, NE 68405, 402-761-3367

DECEMBER 2016 Activities

	Monday		Tuesday		Wednesday		Thursday		Friday
						1	_Coffee & Sweets-9:30	2	Coffee & Sweets-9:30 <u>Senior Exercises</u> 9:30
5	Coffee & Sweets-9:30	6	Coffee & Sweets – 9:30 <u>Tai Chi</u> Maintenance – 10:00 <u>Cards/Pitch – 12:45 pm</u>	7	Coffee & Sweets <u>Wii Bowling- 9:30</u> Crossmakers	8	Coffee & Sweets -9:30 Brunch @ 11:00 Bingo-11:30a.m.	9	Coffee & Sweets-9:30 <u>Senior Exercises</u> 9:30 Veterans Day Meal
12	Coffee & Sweets 9:30	13	Coffee & Sweets – 9:30 <u>Tai Chi</u> Maintenance – 10:00 <u>Cards/Pitch – 12:45 pm</u>	14	Coffee & Sweets <u>Wii Bowling- 9:30</u>	15	Coffee & Sweets -9:30	16	Coffee & Sweets-9:30 <u>Senior Exercises</u> 9:30 FOOT DOCTOR
19	Coffee & Sweets 9:30 Birthday Meal	20	Coffee & Sweets – 9:30 <u>Tai Chi</u> Maintenance – 10:00 <u>Cards/Pitch – 12:45 pm</u>	21	Coffee & Sweets-9:30 <u>Wii Bowling- 9:30</u> <u>Blood Pressure Checks</u>	22	Coffee & Sweets -9:30	23	Coffee & Sweets-9:30 <u>Senior Exercises</u> 9:30 Possible Tail Gate Party
26	Coffee & Sweets 9:30	27	Coffee & Sweets – 9:30 <u>Tai Chi</u> Maintenance – 10:00 <u>Cards/Pitch – 12:45 pm</u>	28	Coffee & Sweets <u>Wii Bowling- 9:30</u> <u>Blood pressures</u> <u>And accu checks</u>	29	Coffee & Sweets	30	Coffee & Sweets