

THE MILFORD MAILER

NOVEMBER 2017

A Note from Amy...

I would like to inform you of some minor shifting happening in Milford by December 1st and how it will affect our Senior Center.

City Hall Employees and the Police Department are moving to the Library meeting room due to unsafe working conditions in the City Hall building. This will move any and all activities planned for the Meeting Room to our Senior Center. Luckily we are blessed with plenty of room and resources that this will not effect us negatively at all.

We will have an opportunity to have intergenerational activities, additional exercise classes, and more rental income for the Center.

If you have any questions or concerns about the logistics of this change, please let me know. I would love to discuss it openly.

HEALTH AND WELLBEING

IDENTITY THEFT w/ CHIEF WOODY
Nov 1, 12:30

DIABETES EDUCATION
w/ JOAN GLOYSTEIN & SHARON LUEBBE
Nov 7, 12:30

JILL ENGEL, AGING PARTNERS
Nov 8, 12:30

DEPRESSION DISCUSSION
w/ ANN HEYDT
Nov 22, 12:30

STRESS DISCUSSION
w/ DR. FOLKERS
Nov 29, 12:30

SHUTTLE DRIVERS NEEDED!

**WE MUST HAVE VOLUNTEER
DRIVERS TO CONTINUE THE SHUT-
TLE SERVICE. PLEASE SPREAD
THE WORD THAT WE HAVE A
SEVERE NEED FOR VOLUNTEERS
RIGHT NOW.**

Birthday Meal is

November 27th

Please join us for a wonderful meal
from Pizza Kitchen
and entertainment

NOVEMBER BIRTHDAYS

Ann Hall	6
Bonnie Meints	11
Marvene Wurst	12
Susan Burkey	15
Irene Boschart	20
Neil Wurst	



CARDS & GAMES

Pitch every Tuesday at 12:30 p.m.

Bingo Every Thursday at 12:30

Except 2nd Thursday is 11:30

Wii Bowling Monday at 9:30

Please join us for our

MONTHLY MOVIE!

Wednesday, November 15th,
at 12:45

BACK AT THE
SENIOR CENTER!



A NOTE FROM KATHY...

Part D Open Enrollment started October 15, 2017 and ends December 7, 2017. You should have started receiving information with the updated changes for the new year from your current plan by now. Keep this information to review and bring with you when you have an appointment to review any changes to your plan. This is the time to make any changes to your plan, don't wait until the last day to look at your plan. Contact Kathy at 402-761-3593 for an appointment.

The Stepping On class had 6 participants that completed the seven week class.

I will be having the Terri Lynn Nuts and Apricots as my fundraiser for Aging Services budget, they should be here in a couple weeks.

Be sure to check out our Seward County Aging Services Facebook page and like us, we have updated information and services listed there.

Kathy Ruzicka, Seward County Aging Services Program Manager



Cook's Corner

Please call in your lunch reservation the day before, or by 9:30 a.m. on the day you will be eating. This helps us to ensure the proper number of meals are prepared.



"Thanksgiving after all, is a word of action."

- W.J. Cameron