

NOVEMBER 2017 Activities

	Monday		Tuesday	1	Wednesday	2	Thursday	3	Friday
					Coffee & Sweets SALAD BAR Identification Theft Discussion 12:30		Coffee & Sweets Bingo 11:30		Coffee & Sweets Exercise Classes popcorn
6	Coffee & Sweets Wii 9:30	7	Coffee & Sweets Tai Chi 10:30-11:00 Speakers: Joan Gloystein & Sharon Luebbe Diabetes Education 12:30 Cards/Pitch –1:45	8	Coffee & Sweets SALAD BAR Speaker: Jill Engel Aging Partners 12:30	9	Coffee & Sweets Theraband Class 10:00-11:00 BRUNCH Bingo 11:30 <i>Sponsored by Greene Place, Seward</i>	10	Coffee & Sweets Exercise Classes 9:30 Popcorn VETERAN'S DAY CELEBRATION LUNCH 12:00
13	Coffee & Sweets Wii 9:30	14	Coffee & Sweets Tai Chi 10:30-11:00 Cards/Pitch – 12:45	15	Coffee & Sweets SALAD BAR MONTHLY MOVIE 12:45	16	Coffee & Sweets Bingo 12:30	17	Coffee & Sweets Exercise Classes 9:30 popcorn
20	Coffee & Sweets Wii 9:30	21	Coffee & Sweets Tai Chi 10:30-11:00 Cards/Pitch – 12:45	22	Coffee & Sweets Speaker: Ann Heydt Depression 12:30	23	Coffee & Sweets Theraband Class 10:00 Bingo-12:30	24	Coffee & Sweets Exercise Classes 9:30 Popcorn
27	Coffee & Sweets BIRTHDAY CELEBRATION <i>Birthday cake Sponsored by Greene Place</i>	28	Coffee & Sweets Tai Chi 10:30-11:00 Cards/Pitch – 12:45	29	Coffee & Sweets Speaker: Dr. Folkers Stress 12:30	30	Coffee & Sweets		